

# Role of alternative medicine in managing uterine fibroid

Dr.Nidhi H. Dave

M.D.(Hom.)

Department of Obstetric and Gynaecology

AHMC, Ahmedabad,Gujarat,India



## Case-1:

- 37 year old female, presented with a complaint of heartburn and regurgitation.
- Menstrual history : 3-4 / 28-32 days, No history of leucorrhoea or any other infection
- Obstetric history : G5P2A3L2 : 2FTND
- She was given a medicine called **AURUM MUR NAT 6C** 4pills\*BD for 3 months. Along with some antacids homeopathic bio-combination
- After (3) months, No fibroids were seen on gynaecological ultrasound and reconfirmed with other USG.



## Discussion:

Here I have used **AURUM MUR NAT 6C** in maximum of the cases. Hence, presenting it here with some other symptomatic management & auxiliary management  
Like — weight loss, a yoga posture called "SHWAN KRIYA" is useful in such cases to minimize the symptoms.

## Conclusion:

By using Homoeopathic medicine and other auxiliary measures, in the majority of cases, Uterine fibroid can be managed non surgically.

## Learning Objectives

- Managing asymptomatic uterine fibroids with the help of homeopathic medicine, non-surgically
- Management of uterine fibroids in cases with dysfunctional uterine bleeding or other symptoms with the help of homeopathic medicines and other auxiliary measures.



## Case 2:

- A 24 year female , nullipara, presented With irregular menstrual bleeding with leucorrhoea & severe abdominal discomfort.
- She was on treatment for primary, infertility & was on HRT (Hormone replacement therapy) for the same. Hence , primarily it was Misdiagnosed as this metrorrhagia is just because of HRT( Hormone replacement therapy) and treated symptomatically.
- She was managed with anti- Hemorrhagic medicine and then given **AURUM MUR NAT 6C** 4pills\*BD for 5 months .
- Her menstrual cycle was regularized; 3-4/30-35 days without any significant abdominal discomfort.

