

# "London North West University Healthcare NHS Trust - Endometriosis Centre"

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## Background

Each clinician must perform a minimum of 12 Para-rectal space dissections annually (reduced to 6 for 2021 due to suspension of elective surgery as a result of the pandemic).

Patients are followed up for 2 years post operatively.

They complete a Pelvic Pain Questionnaire (PPQ) on initial presentation as a baseline.

The PPQ is then completed at 6, 12 and 24 months post-operatively.

All data is entered onto the British Society for Gynaecological Endoscopy(BSGE) database.

Exemplar video is submitted to the BSGE according to their editing criteria.

Database closes 31st December each year.

Data & video are reviewed by BSGE before accreditation is granted for the forthcoming year.

## Methods

London North West University Healthcare NHS Trust (LNWH) centre gained BSGE accreditation in 2014 and consists of 2 consultants, 1 Endometriosis Fellow and 1 Clinical Nurse Specialist.

From: 01 Jan 2021 – 31 Dec 2021

45 cases submitted to the BSGE to secure continued accreditation.

Average QOL score for 2021 was 33%

## Results

BSGE audit results and provide a dataset for the completed previous 2 years.

Dataset (01/01/2019 – 31/12/2020) showed a national average increase in QOL of 14.6%. LNWH increase over the same period was 27.6%.

BSGE Dataset for 01/01/2020 – 31/12/2021 expected late June 2022.

## Conclusion

Endometriosis is a common disease that significantly affects the quality of life. It is essential to provide the best management to the patients, tackle any infertility issues and individualise each case addressing the woman's priority. All patients with endometriosis should be referred to the expert gynaecology doctors. It is fundamental to establish a process in all gynaecology departments to treat patients with endometriosis according to the national guidelines. We should reduce the time to get a diagnosis of endometriosis, which takes an average of 7.5 years at present and enable women to receive appropriate treatment.

*The authors have no conflicts of interest to declare.*