



4TH CONGRESS
OF THE SOCIETY OF ENDOMETRIOSIS
AND UTERINE DISORDERS

APRIL, 26-28
FLORENCE, ITALY



PHENOTYPE OF UTERINE FIBROIDS AND CLINICAL SYMPTOMS

The basic science, ***Pasquapina Ciarmela (Italy)***



UNIVERSITÀ
POLITECNICA
DELLE MARCHE

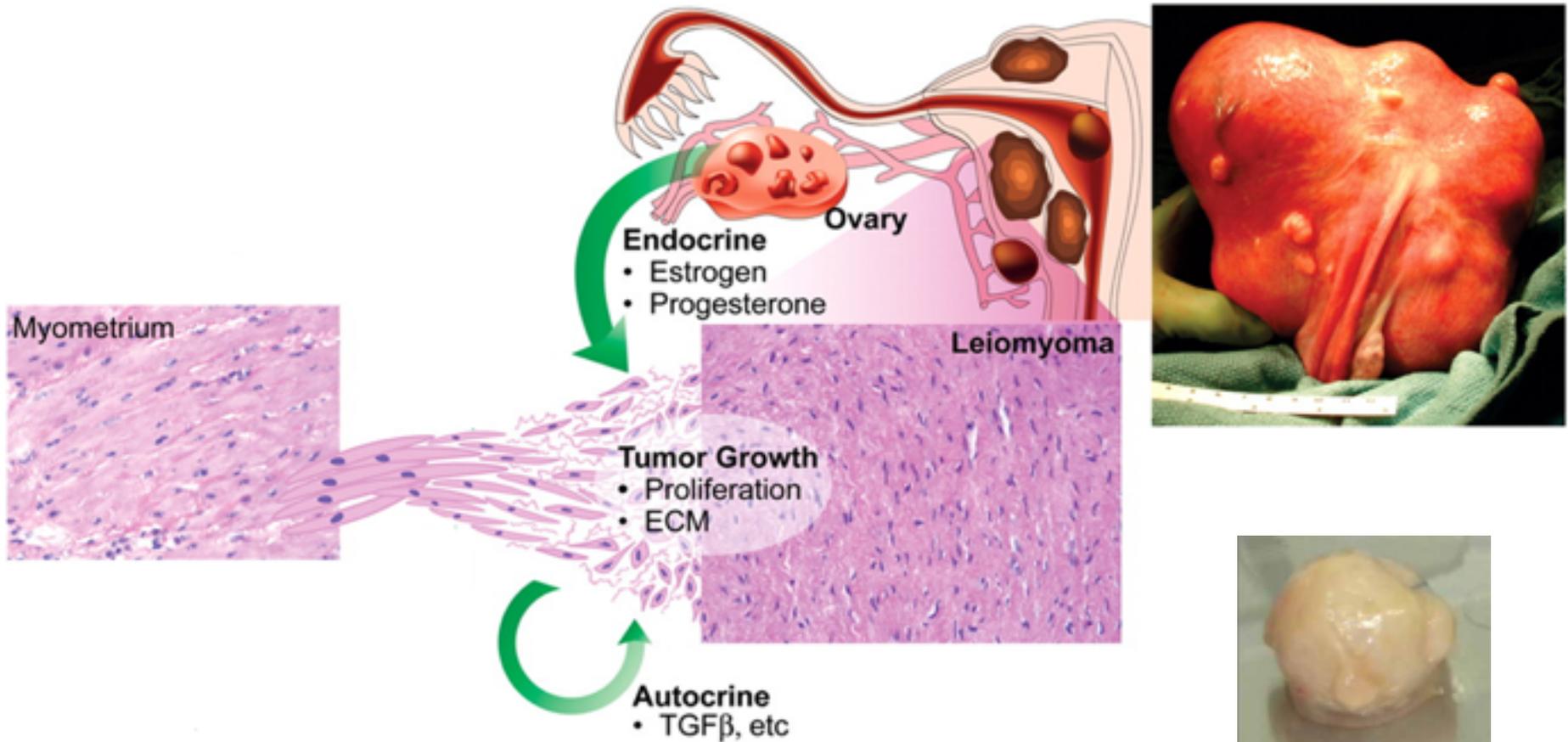
Leiomyoma → leio (smooth) + myo (muscle) + oma (tumor)



- Well circumscribed benign masses
- Single or multiple masses
- Whirled, shiny, white, bulging, rubbery cut surface

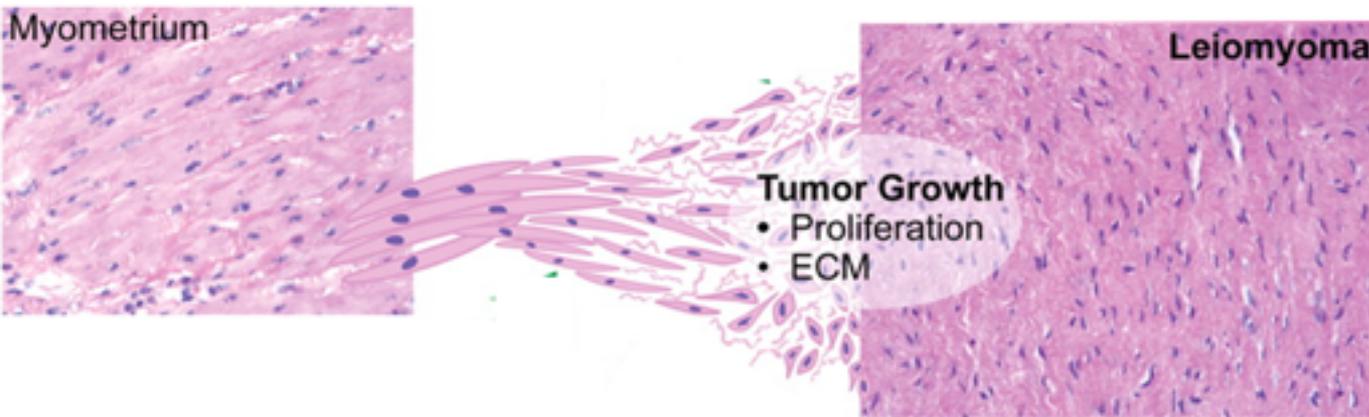


- Composed of irregular bundles of cells in an extensive tissue matrix



Etiology of uterine fibroids. Tumor growth occurs by an increase in tumor cell number and ECM production and is promoted by both endocrine and autocrine growth factors.

ECM

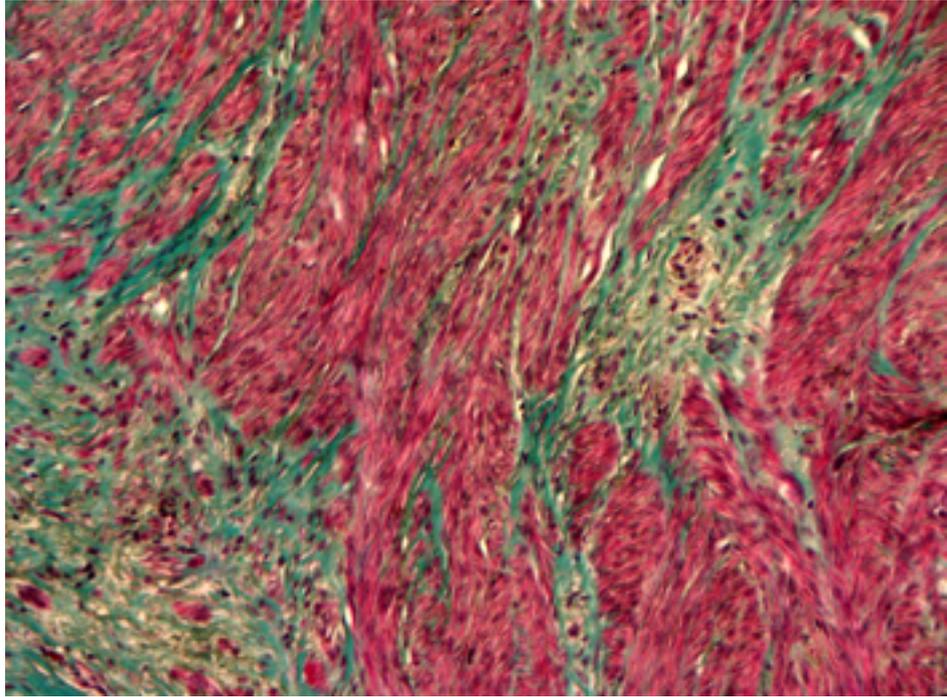


The ECM synthesis is an important event in leiomyoma growth.

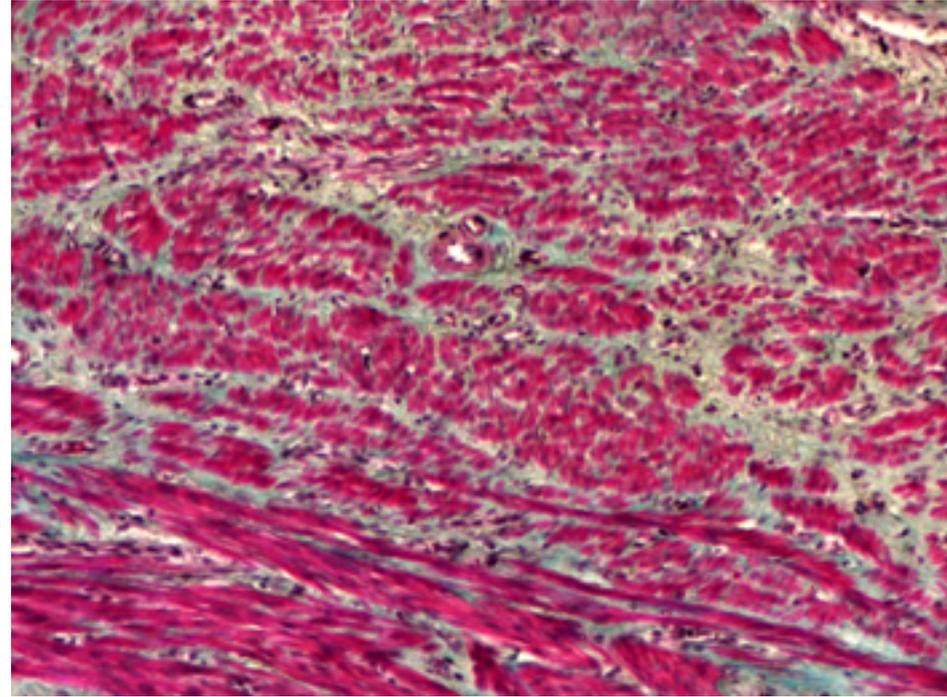
Recent studies suggest that alterations in ECM can modify mechanical stress on cells, which leads to activation of internal mechanical signaling contributing to leiomyoma.

Primarily collagens, fibronectin, and proteoglycans have been found in leiomyoma with altered expression compared with normal myometrium.

Leiomyoma



Myometrium



Collagen consistency and deposition in leiomyoma and corresponding myometrium. Masson's trichrome stain highlights green=collagen and red=smooth muscle.

A Phase-Contrast based High-Resolution X-Ray Tomography Study



Synchrotron is an extremely powerful source of X-ray produced by highly energetic electrons moving in a large circular installation.

A synchrotron facility serves to accelerate electrons to extremely high energy and then make them change direction periodically under the action of a magnetic field.

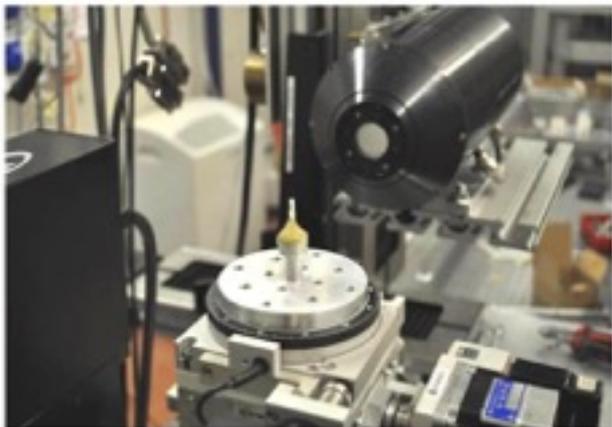
ELETTRA
Italian Synchrotron Radiation Facility

Basovizza (TS), Italy

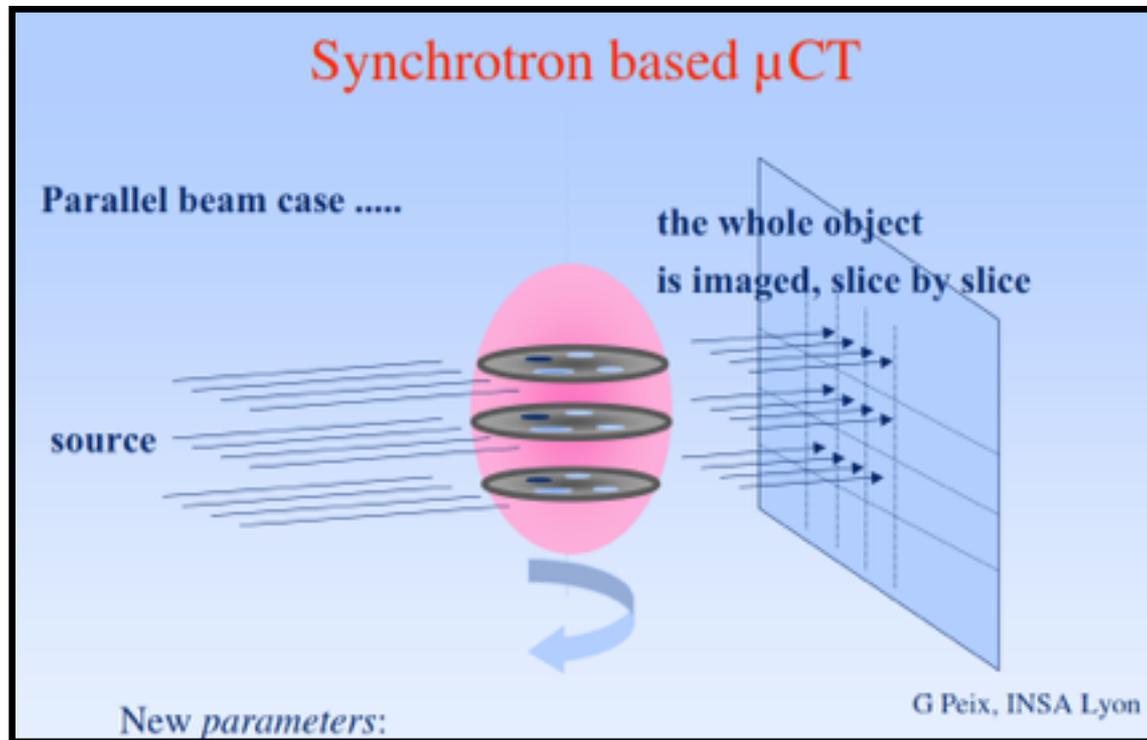
Dr.ssa Alessandra Giuliani
Applied Physics



The resulting X-rays are emitted and directed toward the different beamlines that surround the storage ring in the experimental hall.



The **SYRMEP**
SYnchrotron
Radiation for
MEdical **P**hysics
beamline



Micro-CT is similar to conventional CT usually used in medical diagnosis but, unlike CT systems, which typically reach the spatial resolution of about 0.5 mm, micro-CT is capable of achieving a spatial resolution up to 0.2-0.3 micron, i.e., about three orders of magnitude lower.

Micro-CT allows high spatial resolution images to be generated with high signal-to-noise ratio, permitting also to perform density measurements after several standard calibration measurements.

Experimental setups

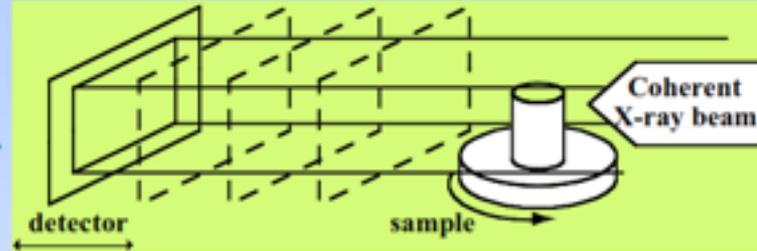
Parallel beam:

Absorption Tomography

Phase Contrast Tomography

Resolution limited by detector

500 nm best

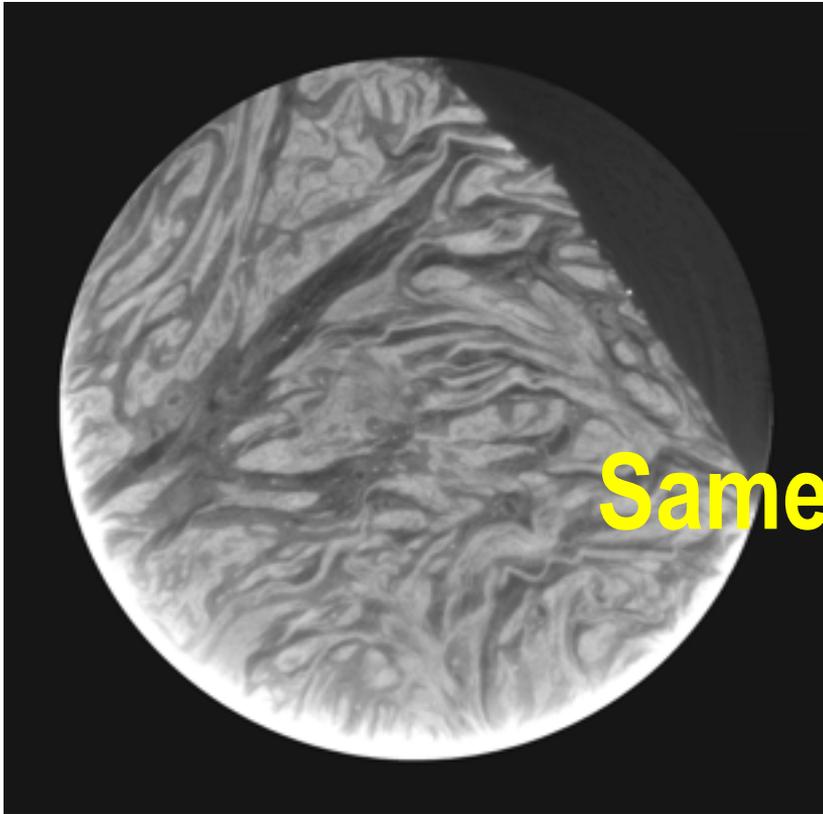


Phase-Contrast vs Absorption Imaging

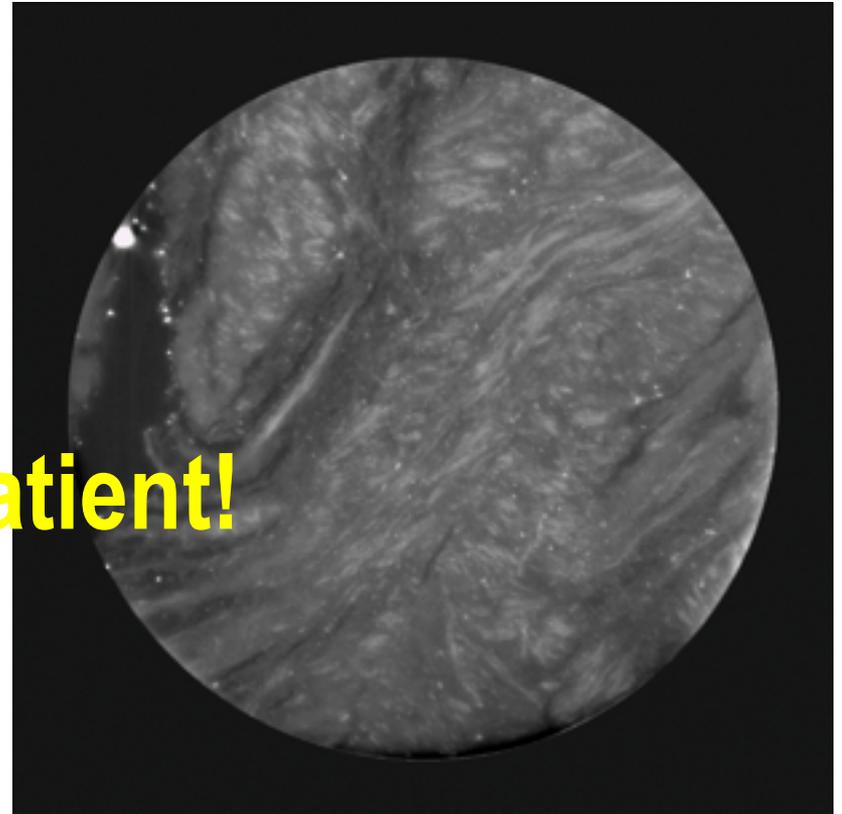
Advantages

The spatial coherence of the SYRMEP source is used to overcome the poor absorption contrast of many biological samples (i.e. non-mineralized tissues), by the use of phase-contrast techniques.

Leiomyoma



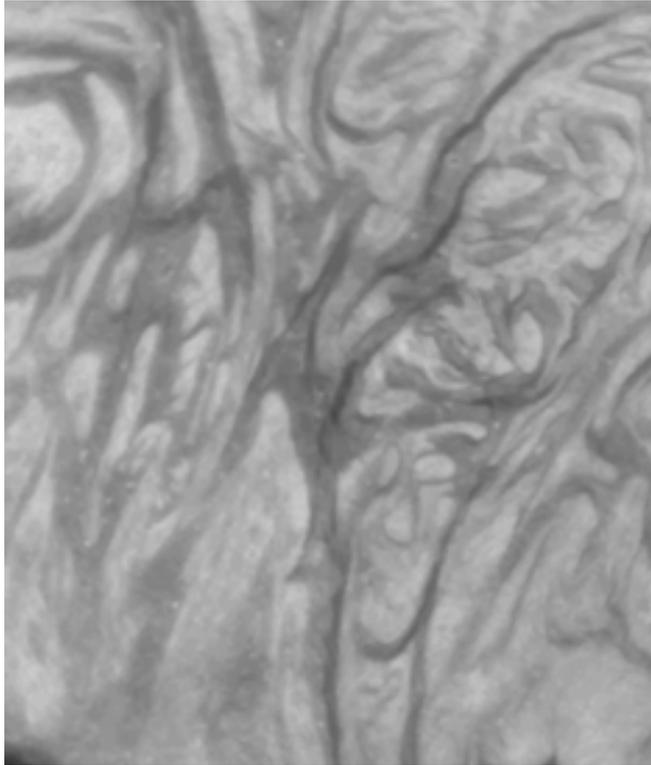
Myometrium



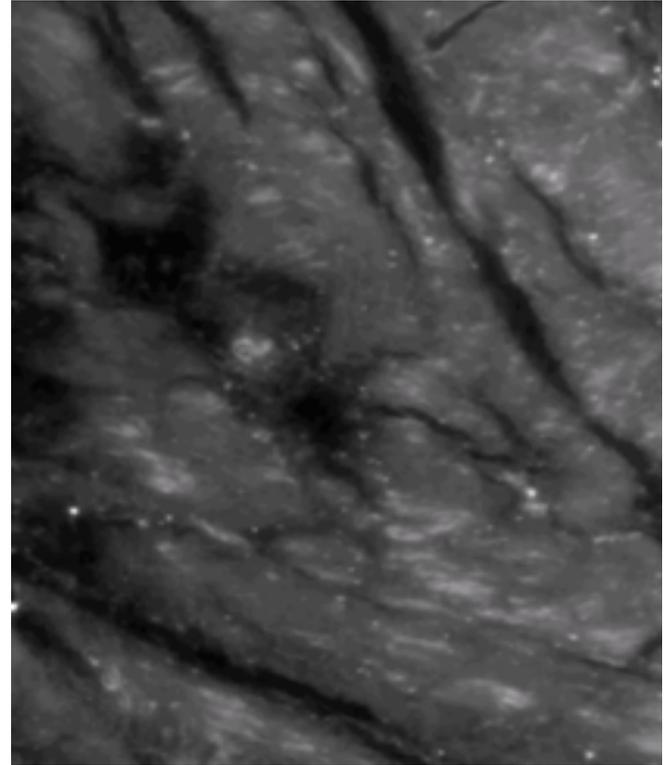
Same patient!

500 μ m

Leiomyoma*

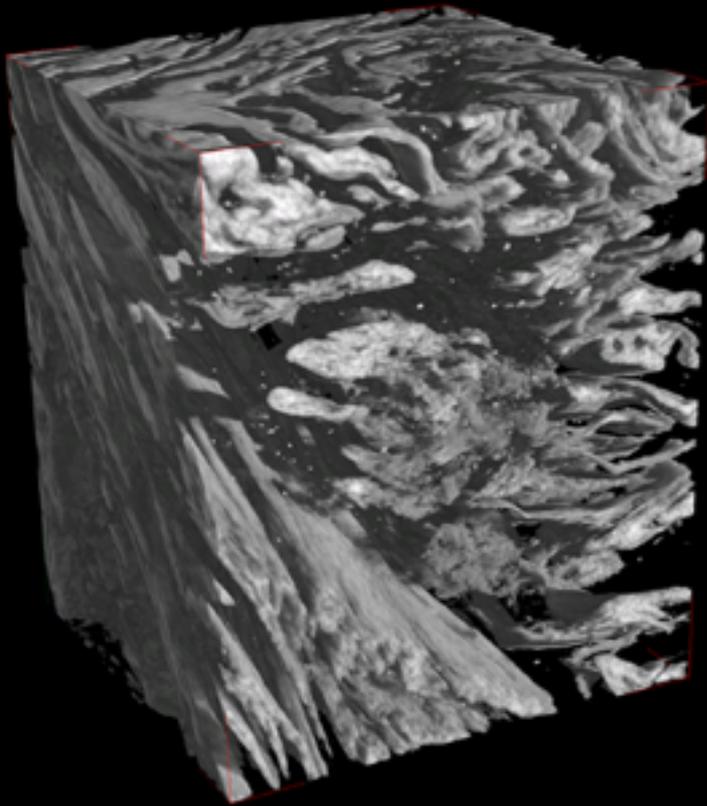


Myometrium*

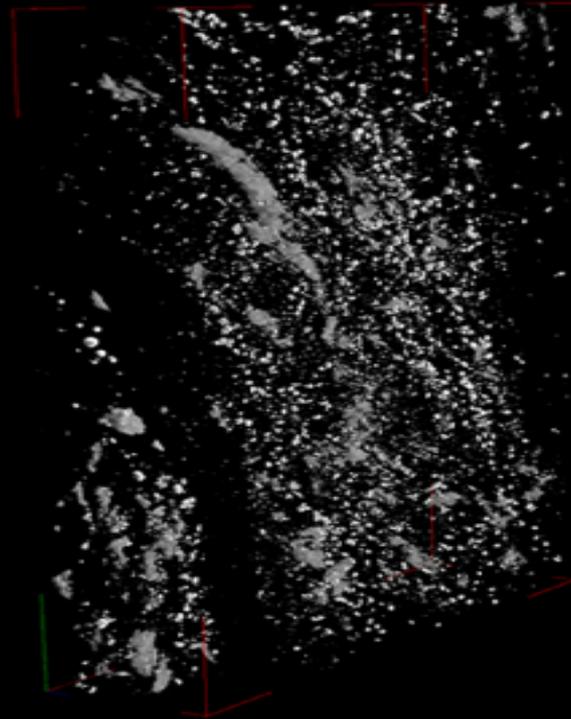


* Around 700 2D-slices, 800x1000 μm^2 each

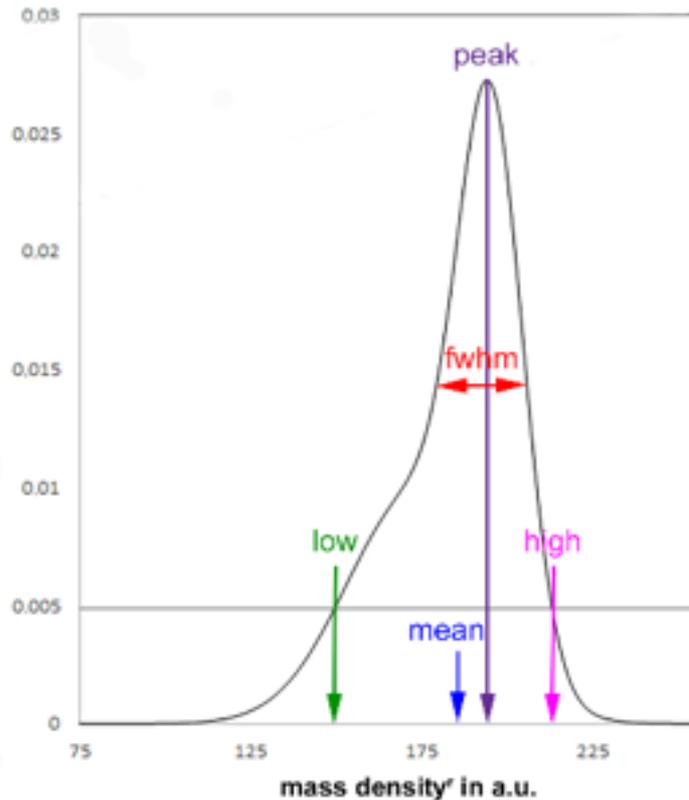
Leiomyoma



Myometrium



Mass density study extrapolating relative Mass Density Distribution (MDD^r)

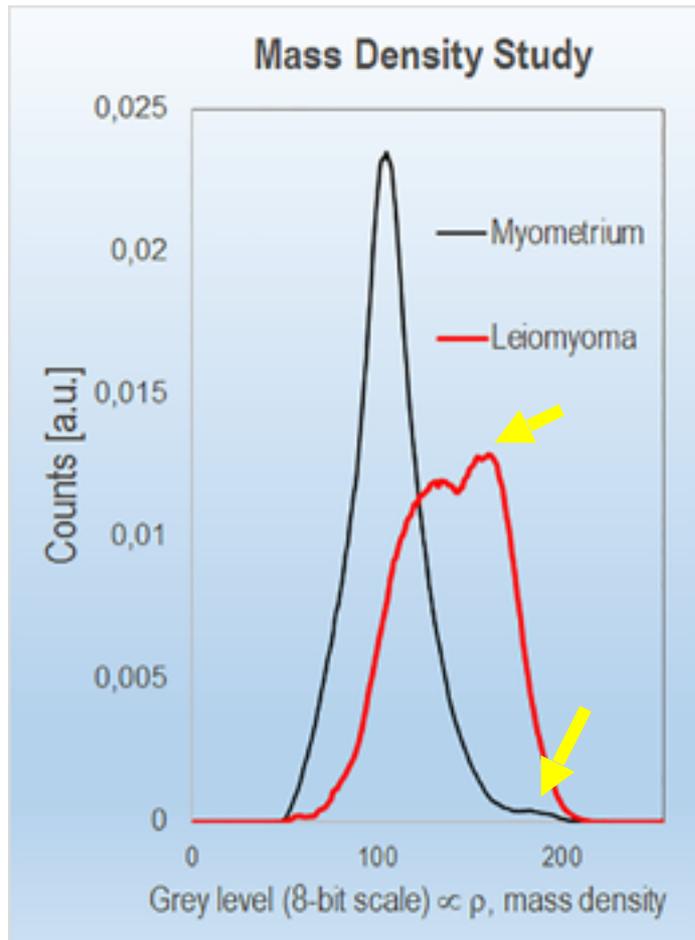


	LM	MM
<u>MDD^r_{mean} in a.u.</u>	141	105
<u>MDD^r_{peak} in a.u.</u>	160	105
<u>MDD^r_{fwhm} in a.u.</u>	72	42
<u>MDD^r_{low} in a.u.</u>	69	63
<u>MDD^r_{high} in a.u.</u>	213	147

Following the Roschger approach, previously used for bone tissue, five parameters were extracted from the MDD^r: the mean relative mass density (MDD^r_{mean}), the most frequent relative mass density value (MDD^r_{peak}), the 0.5th (MDD^r_{low}) and the 99.5th (MDD^r_{high}) percentiles, and the full width at half maxima of the distribution (MDD^r_{fwhm}). This post-processing calculation of the MDD^r parameters was done using the PeakFit software (Systat Software, San Jose, CA).

Morfometric analysis of collagen distribution by segmentation of the histograms referred to the study of mass density.

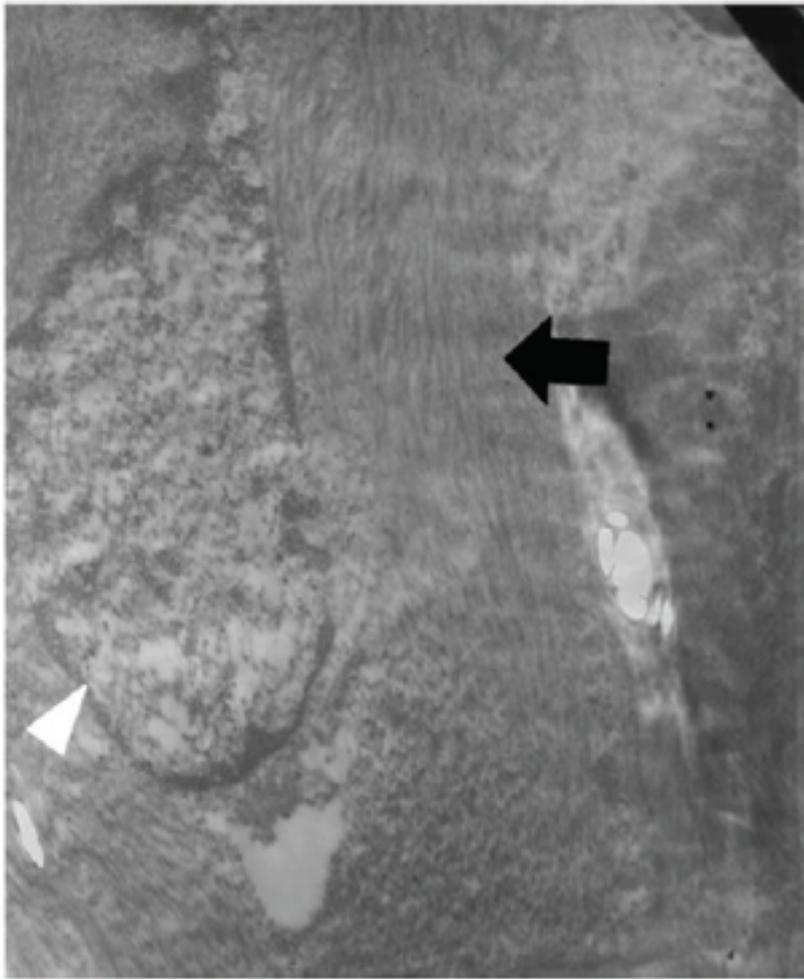
Collagen Quantification



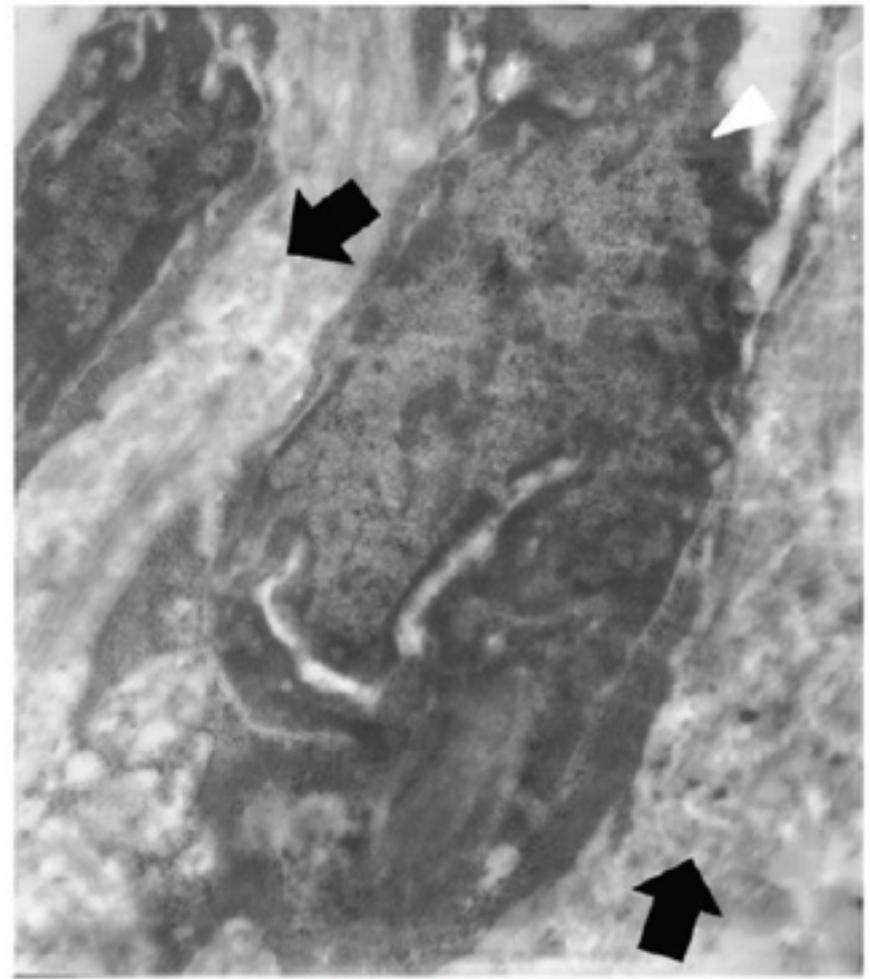
	Leiomyoma	Myometrium
CollFb V/TV (%)	41.6 (0.2)	2.0 (1.3)
CollFb S/CollFb V (mm ⁻¹)	120 (11)	118 (20)
CollFb Th (μm)	17 (1)	6 (4)
CollFb Nr (mm ⁻¹)	25 (3)	3 (0)
CollFb Sp (μm)	22.5 (0.7)	301.5 (14.8)
CollFb ConnD (mm ⁻³)	5.51E+3 (3.63E+3)	0.11E+3 (0.14E+3)
CollFb DA	0.717 (0.024)	0.397 (0.106)

* Mean (Std.Dev.)

Finally, as Collagen Fibers could vary their orientation depending on the pathology, we also extracted information about the anisotropy of the collagen structure, i.e. the presence of preferential orientation(s). The anisotropy degree index (**CollFb_DA**) measures the similarity of a fabric to a uniform distribution and varies between 0 (all observation confined to a single plane or axis) and 1 (perfect isotropy). The CollFb_DA analysis was performed using the BoneJ Plugin of the ImageJ software, version 3.



(a)



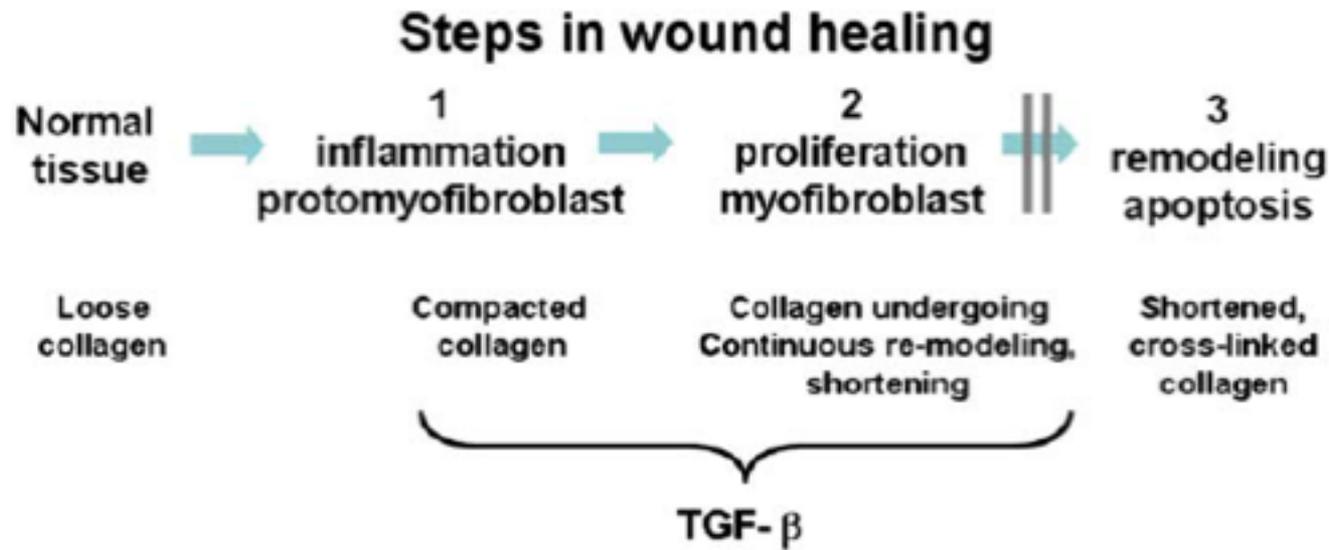
(b)

Collagen fibrils in myometrium and fibroids. Comparison of collagen fibril organization in the extracellular matrix of myometrium or uterine fibroid using electron microscopy. (a) Myometrium. Collagen fibrils are tightly packed and well-aligned, as shown by the black arrow. The nucleus is denoted by the white arrowhead. Magnification = 11,500x. (b) Fibroid. The collagen fibrils are randomly aligned and widely spaced, as shown by black arrows. The nucleus is notched and denoted by the white arrowhead. Magnification = 15,500x. Representative sections on samples harvested from a single uterus.

The extracellular matrix contributes to mechanotransduction in uterine fibroids. Leppert PC, Jayes FL, Segars JH. *Obstet Gynecol Int.* 2014;2014:783289

A new hypothesis about the origin of uterine fibroids based on gene expression profiling with microarrays. Leppert PC, Catherino WH, Segars JH. *Am J Obstet Gynecol.* 2006;195:415-20

Leiomyomas may develop from a disorder in wound healing process, similar to keloid formation



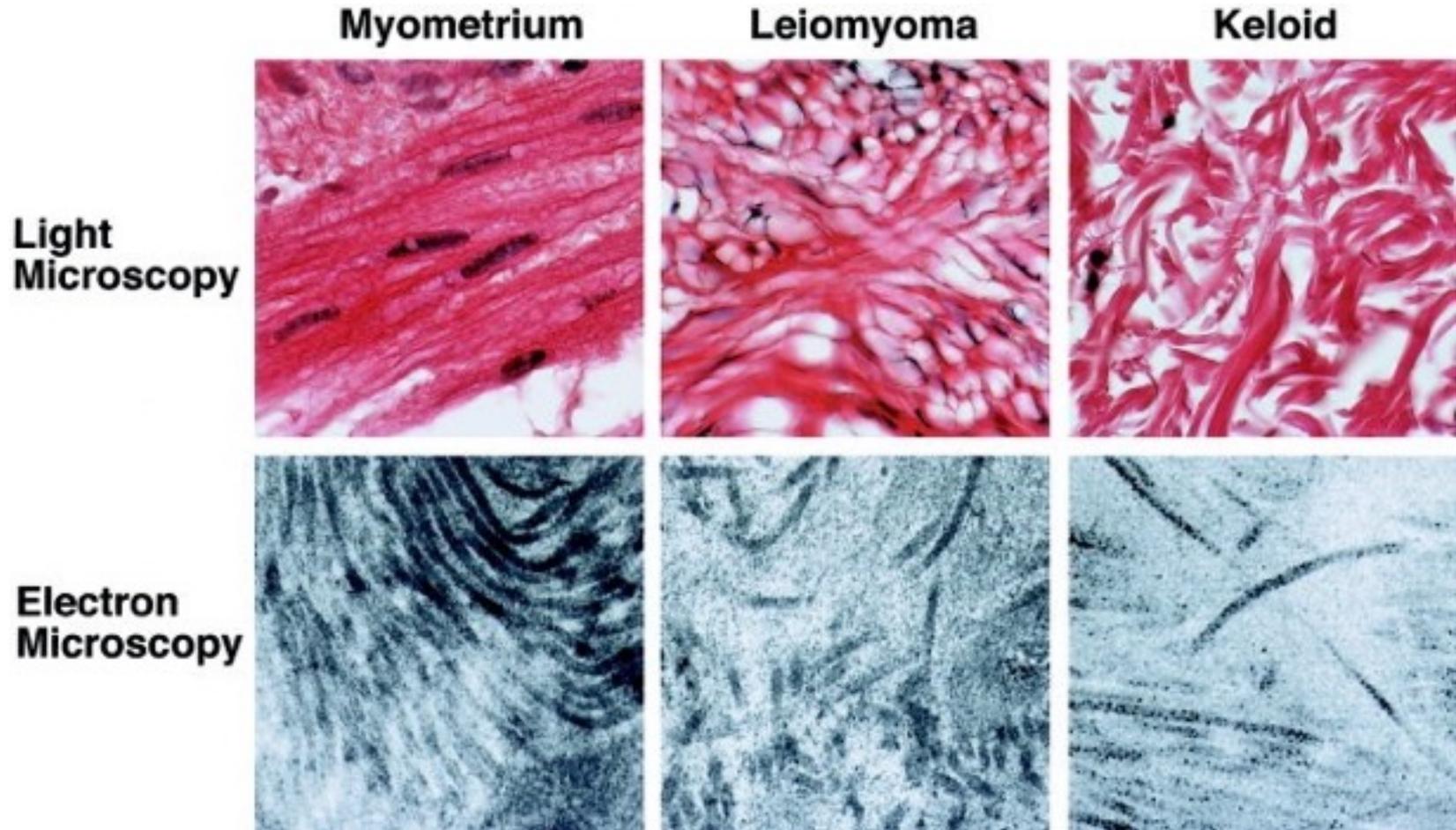
Model of abnormal wound healing in fibroids. Tissue repair is a tightly regulated process with progressive differentiation of cells secreting the ECM, and production of an ECM that is capable of bearing stress. Collagen remodeling is a key feature of repair and TGF-beta plays a critical role in production of the fibrosis associated with healing. Myofibroblasts are highly differentiated cells that undergo apoptosis at completion of the repair, but arrest in differentiation before the final stages of differentiation may result in continued secretion of collagen and excessive fibrosis.

Catherino WH, Leppert PC, Stenmark MH, Payson M, Potlog-Nahari C, Nieman LK, Segars JH. Reduced dermatopontin expression is a molecular link between uterine leiomyomas and keloids. Genes Chromosomes Cancer 2004;40:204-217.

Leppert PC, Baginski T, Prupas C, Catherino WH, Pletcher S, Segars JH. Comparative ultrastructure of collagen fibrils in uterine leiomyomas and normal myometrium. Fertil Steril 2004;82 Suppl 3:1182-7.

A new hypothesis about the origin of uterine fibroids based on gene expression profiling with microarrays. Leppert PC, Catherino WH, Segars JH. Am J Obstet Gynecol. 2006;195:415-20.

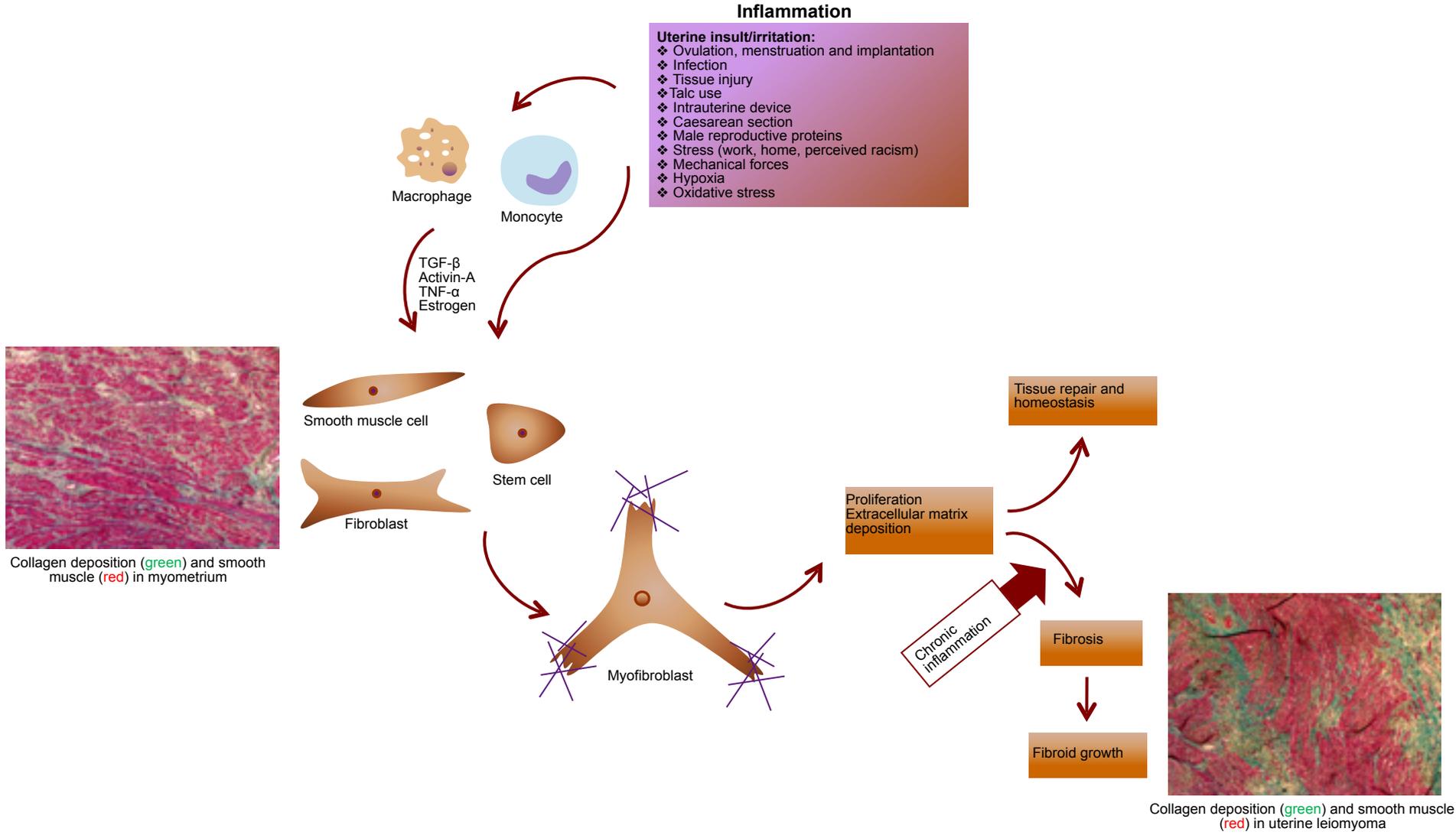
Disordered collagen in uterine leiomyomas and keloids



Representative light microscopy with hematoxylin/eosin staining (top row) and electron microscopy (bottom row) comparing myometrium, leiomyoma, and keloid. Myometrium and leiomyoma are from patient 11; keloid is from an African-American patient who underwent surgical extirpation of keloid tissue. Disordered collagen was present in leiomyoma and keloid matrix, whereas ordered collagen bundles were present in the extracellular matrix of the myometrium (light microscopy—63× magnification, electron microscopy—41,000× magnification).

Reduced dermatopontin expression is a molecular link between uterine leiomyomas and keloids. Catherino WH, Leppert PC, Stenmark MH, Payson M, Potlog-Nahari C, Nieman LK, Segars JH. Genes Chromosomes Cancer. 2004;40:204-17

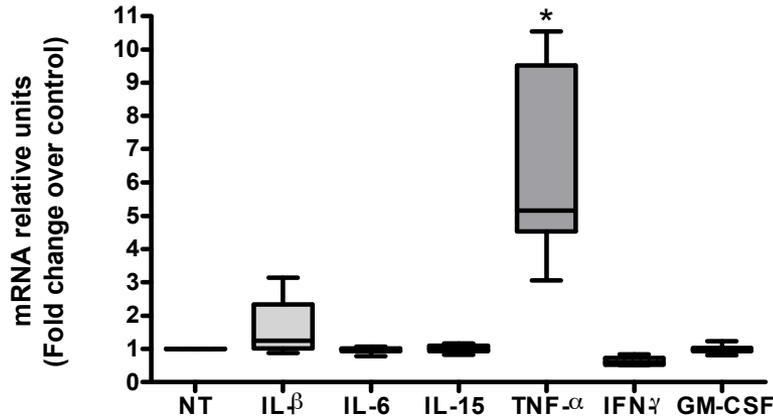
Hypothetical presentation of fibrosis in uterine leiomyoma



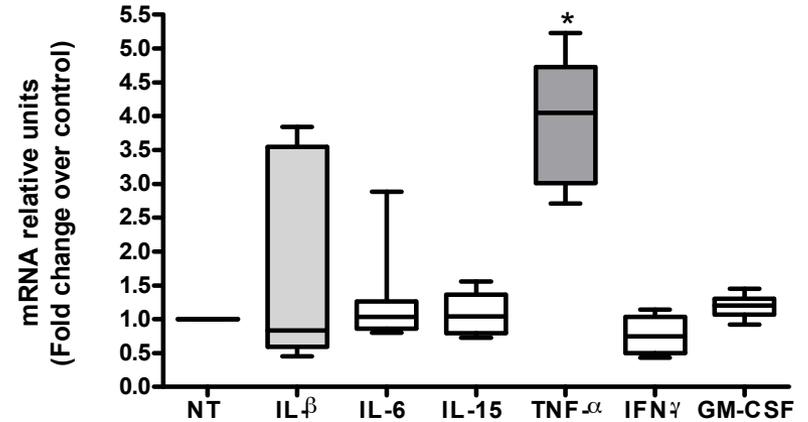
Islam MS, Ciavattini A, Petraglia F, Castellucci M and Ciarmela P. Extracellular matrix in uterine leiomyoma pathogenesis: a potential target for future therapeutics. Human Reproduction Update, 2018 Jan 1;24(1):59-85

Activin A mRNA is increased by TNF- α in myometrial and leiomyoma cells

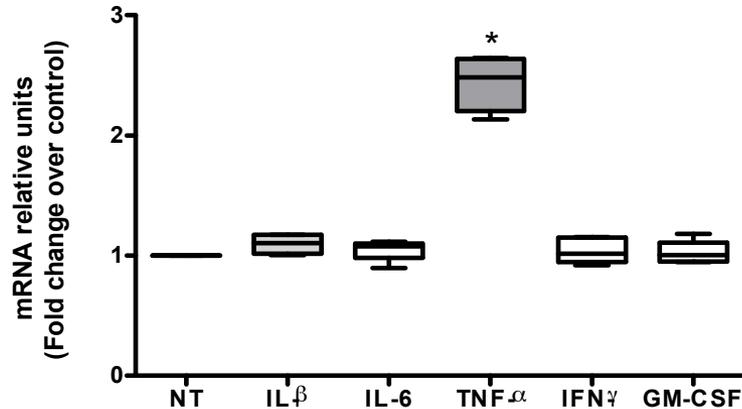
Activin A mRNA expression in myometrial primary cells



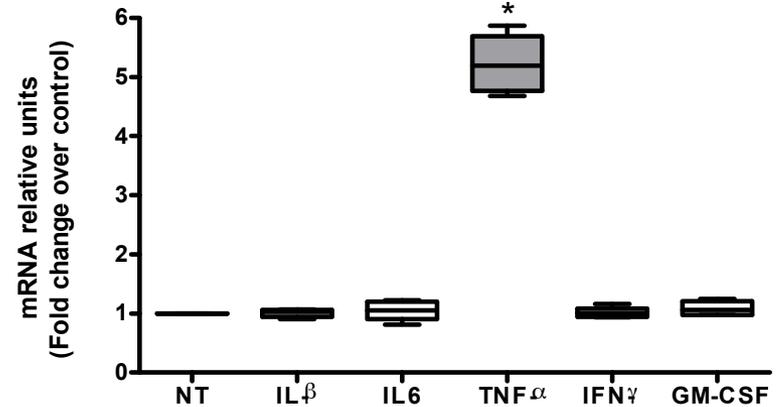
Activin A mRNA expression in leiomyoma primary cells



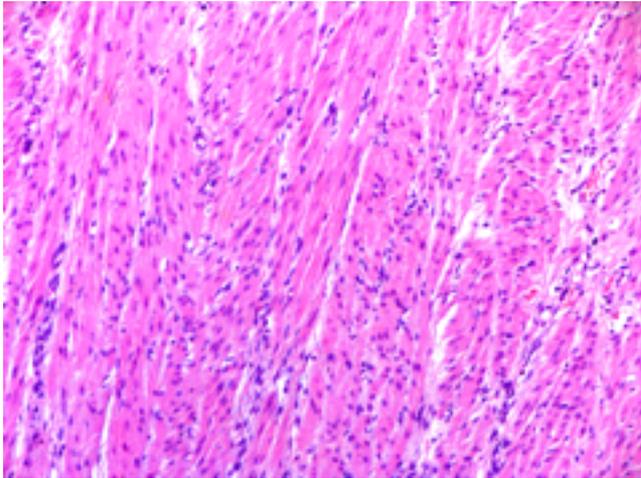
Activin A mRNA expression in myometrial immortalized cells



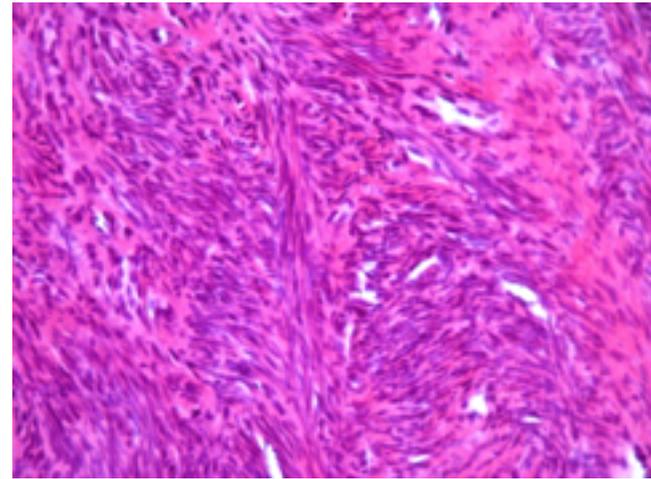
Activin A mRNA expression in leiomyoma immortalized cells



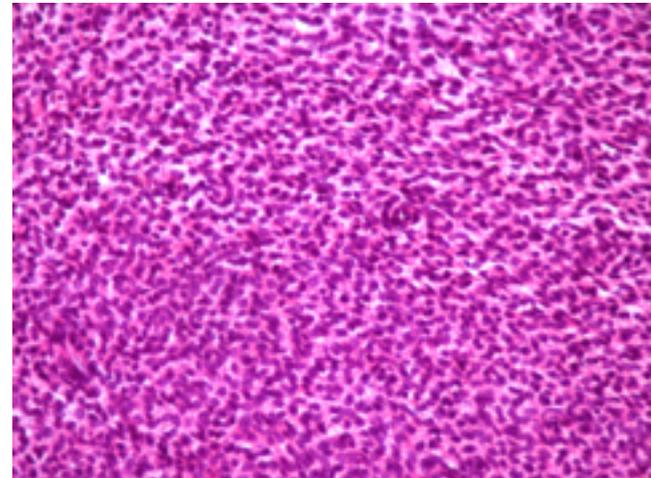
Real-time PCR showing the effect of inflammatory molecules on activin A subunit (INHBA) mRNA expression. A-B, primary cells (data from 3 different patients); C-D cell line (n=3) $P < 0.01$.



Normal myometrium



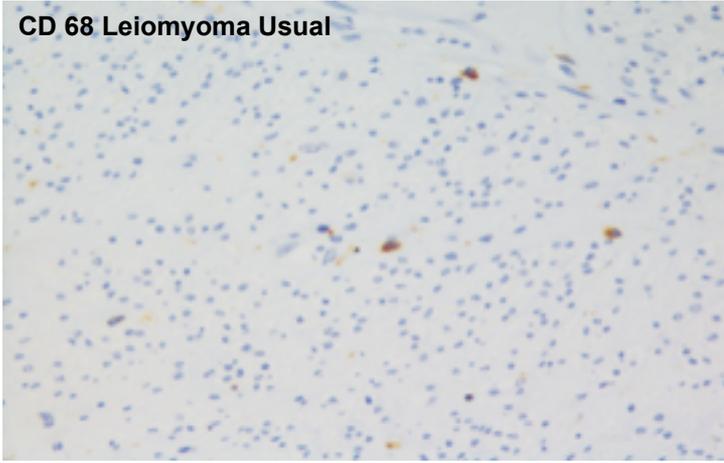
Usual leiomyoma



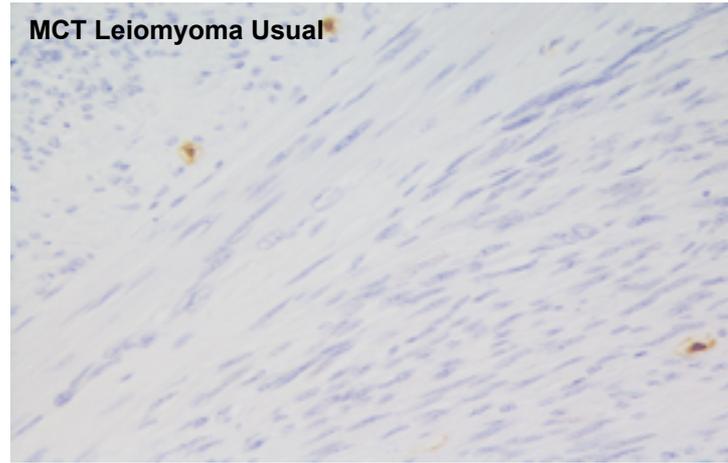
Cellular leiomyoma

Cellular leiomyomas showed more macrophages and mast cells than the usual type

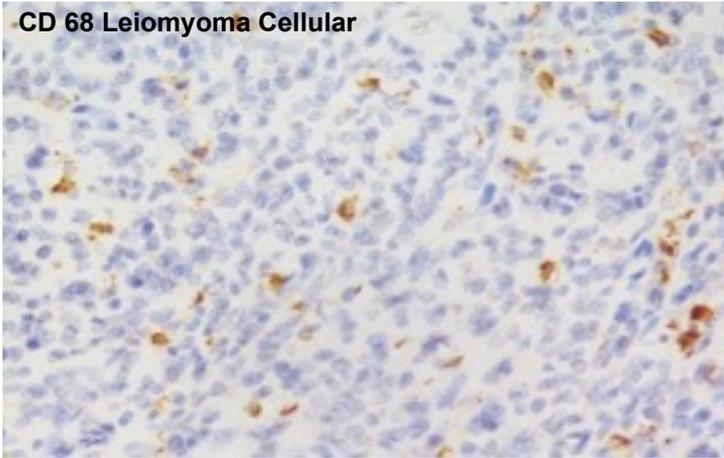
CD 68 Leiomyoma Usual



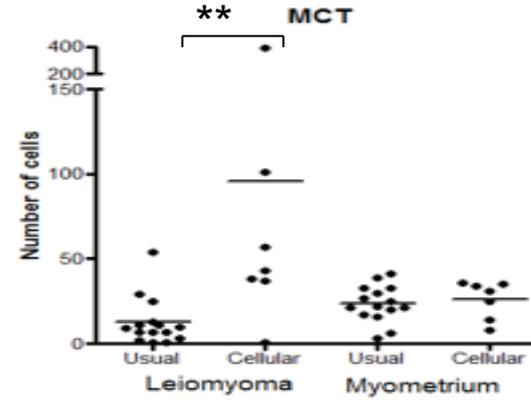
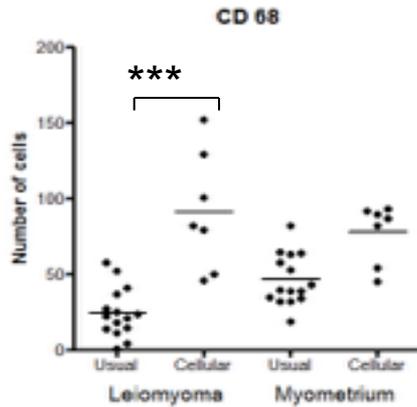
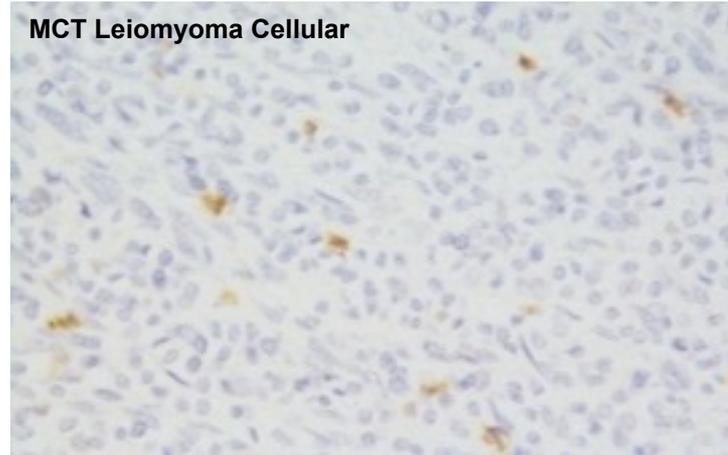
MCT Leiomyoma Usual



CD 68 Leiomyoma Cellular



MCT Leiomyoma Cellular



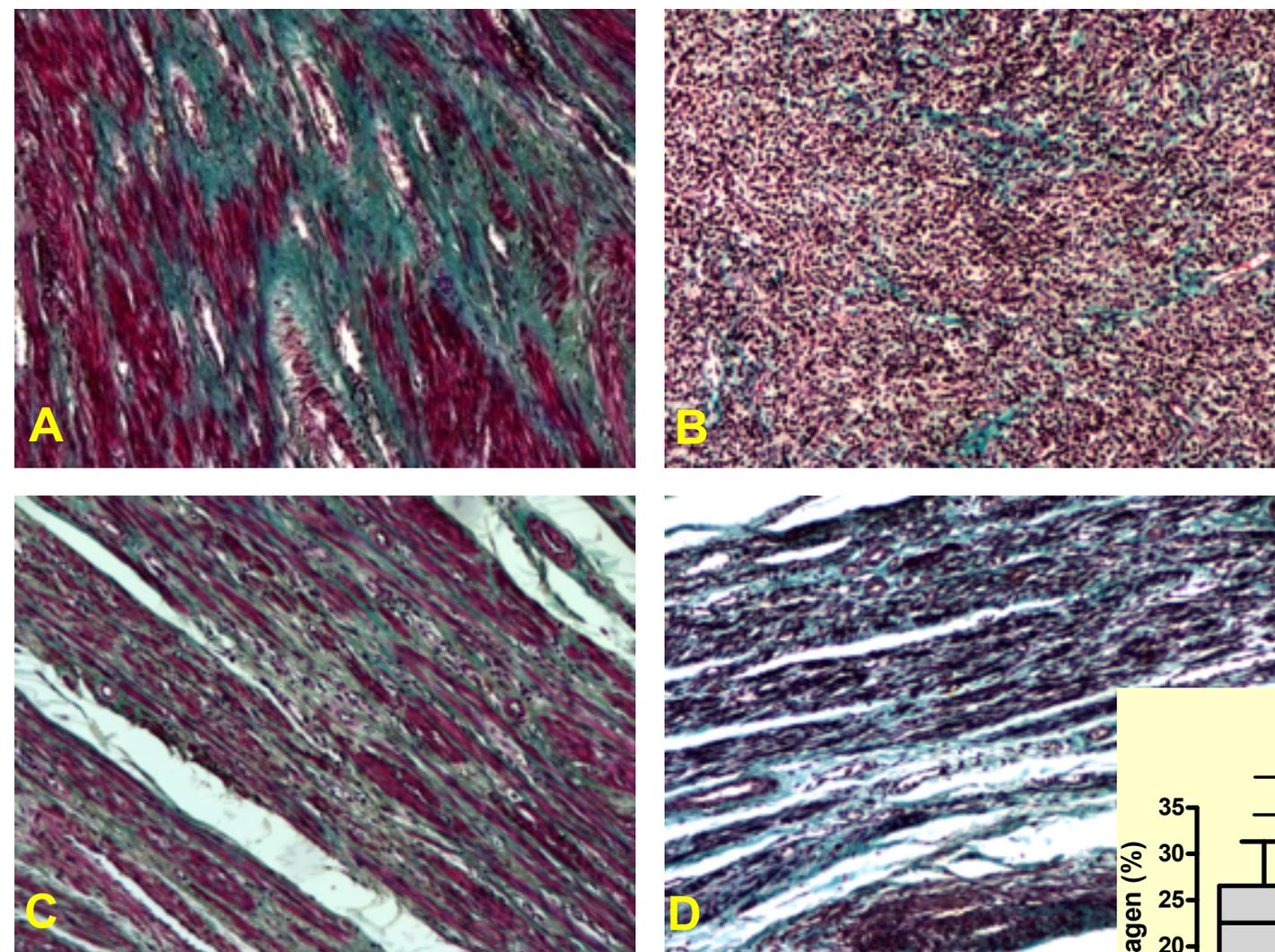
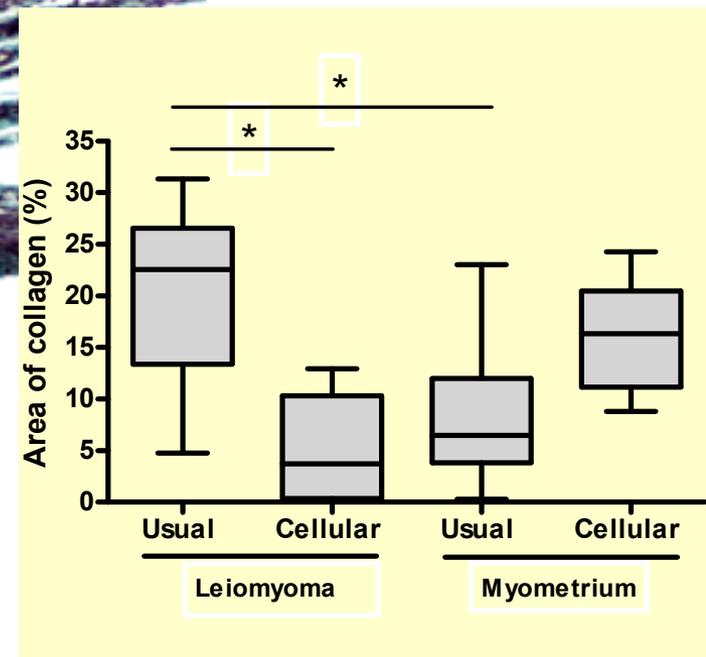
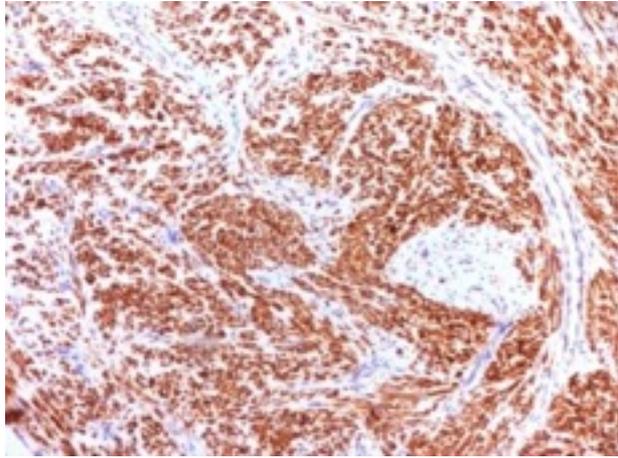
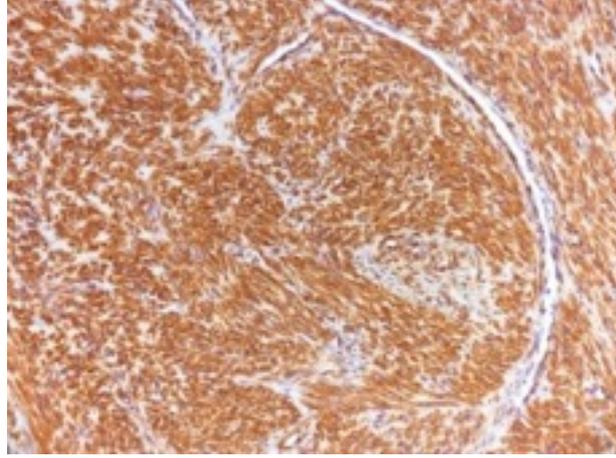
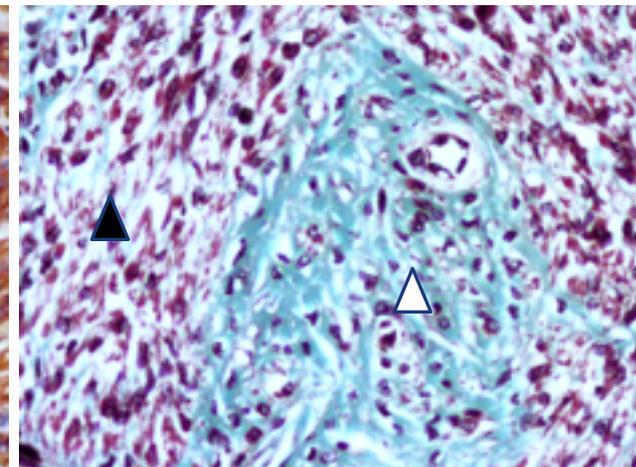
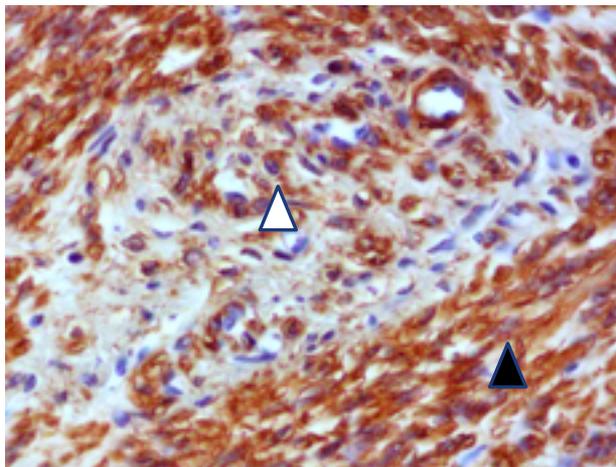
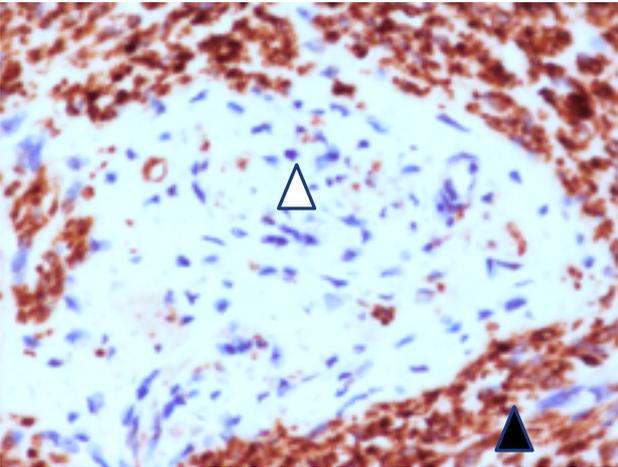
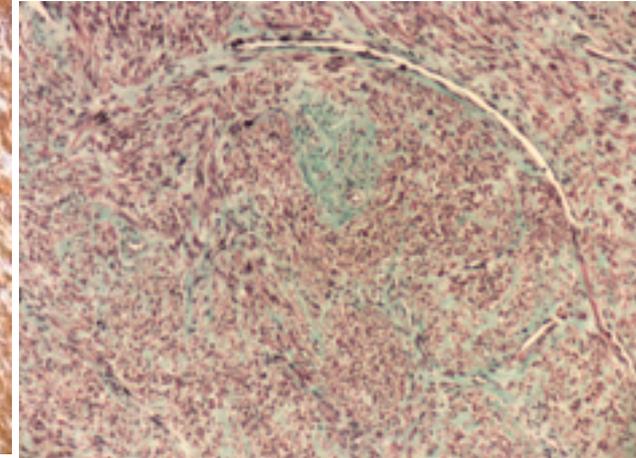


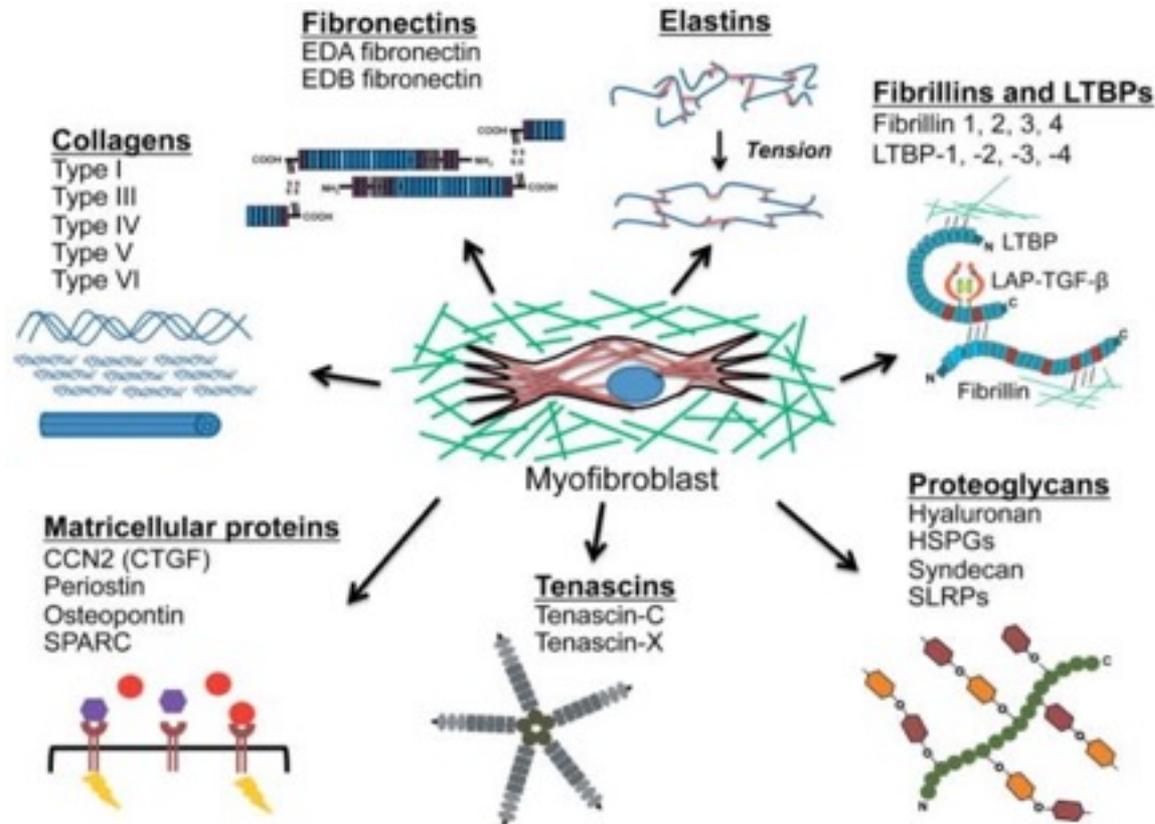
Figure 3. Collagen consistency and deposition in usual type (A), cellular type (B) of leiomyoma and corresponding myometrium of usual type (C) and cellular type (D) of leiomyoma. Masson's trichrome stain highlights green=collagen and red=smooth muscle. Original magnification x400. Evaluation of percentage of collagen present (E). The values are expressed as median (1st – 3rd quartiles).



Desmin **α -sma****Masson's Trichrome stain**

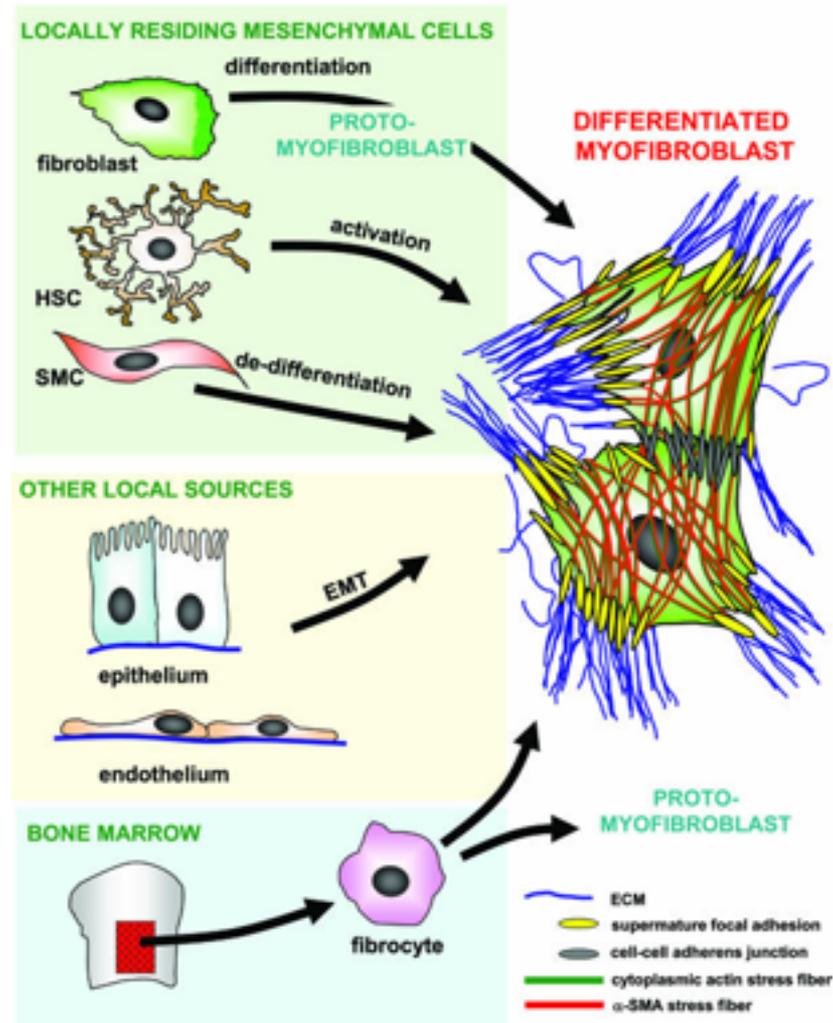
Immunohistochemical staining of Desmin, α -sma and Masson's Trichrome stain of serial sections of cellular type uterine leiomyoma tissue. The α -sma positive and desmin positive smooth muscle cells are pointed by the black arrowheads. The α -sma positive, desmin negative myofibroblasts closely associated to the presence of collagen are indicated by the white arrowheads. Original magnification x400.

Cells positive for α -sma, but negative for desmin and surrounded by a large amount of collagen are suggestive of myofibroblasts producing ECM



The myofibroblast matrix. Schematic of some of the ECM molecules relevant to tissue fibrosis. The myofibroblast (centre, with red stress fibres containing α -smooth muscle actin) lies enmeshed in its ECM (green). Components of the ECM are depicted (clockwise, from the 12 o'clock position): elastins, fibrillins and LTBPs, proteoglycans, tenascins, matricellular proteins, collagens, and fibronectins. The myofibroblast encounters, signals, and modulates the expression of these various components.

MYOFIBROBLAST PROGENITORS



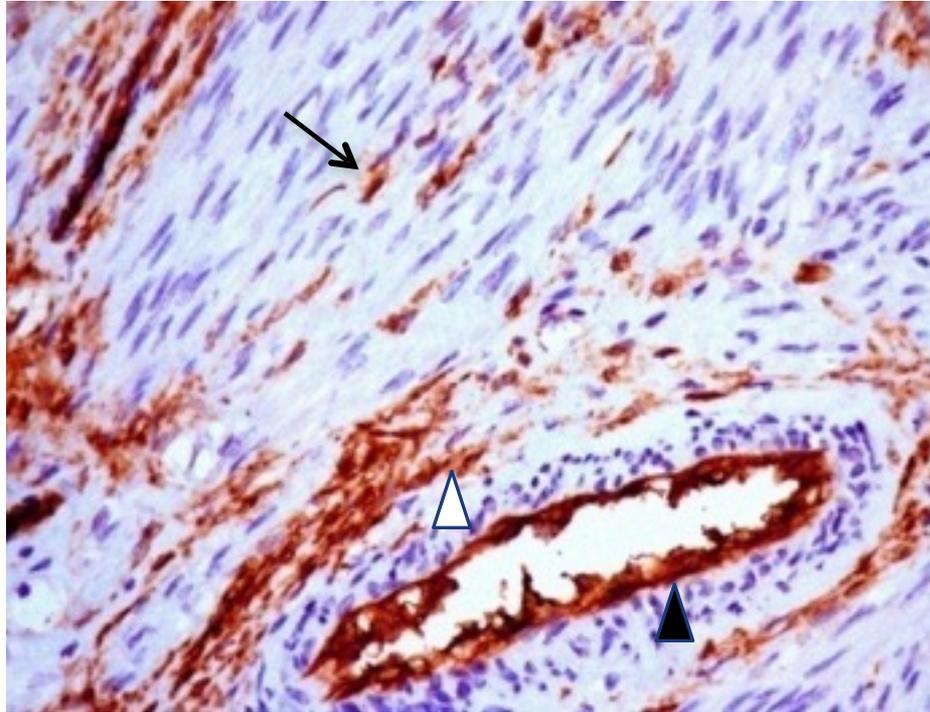
One cell, multiple origins. Differentiated myofibroblasts are characterized by increased production of ECM proteins and by the development of α -SMA-positive stress fibers that are connected with the ECM at sites of supermature FAs and between cells via adherens junctions. The main myofibroblast progenitor after injury of different tissues seems to be the locally residing fibroblast, which transiently differentiates into a protomyofibroblast, characterized by α -SMA-negative stress fibers. In the liver, myofibroblasts are additionally recruited from HSCs that follow an activation process and from epithelial cells that undergo EMT. In the lung, endothelial-to-mesenchymal transition may provide another mechanism to generate myofibroblasts. During atheromatous plaque formation, de-differentiating SMCs (ie, that lose late SMC markers) from the media are suggested to be the major source of myofibroblastic cells. The relative contribution of BM-derived circulating fibrocytes to the formation of differentiated myofibroblasts in different fibrotic lesions is unclear at present; it is conceivable that fibrocyte transdifferentiation terminates at the protomyofibroblast stage.

ORIGINE OF MYOFIBROBLASTS

Fibroblastic cells expressing the transmembrane cell surface glycoprotein, CD34, behave as mesenchymal stem cell progenitors and play an important role in wound healing and tissue repair.

When activated, these cells lose CD34 expression and may acquire α -sma expression, giving rise to myofibroblasts.

CD34 staining in myometrium and leiomyoma usual type



Based on the shape, location and intensity of the stain, we discriminated three different populations of CD34 positive cells: (i) vascular endothelial cells, indicated by black arrowhead; (ii) adventitial cells located in the outermost connective tissue layer of the large vessels, indicated by white arrowhead, especially in adventitia of the spiral arteries; and (iii) stromal fibroblastic cells, indicated by arrow, that appeared diffuse in the leiomyoma stroma, characterized by oval- slender nucleus and elongated multipolar cytoplasm.

Uterine leiomyoma CD34+/CD49+ cells exhibit characteristic of somatic stem/progenitor cells and are able to initiate tumors in vivo.

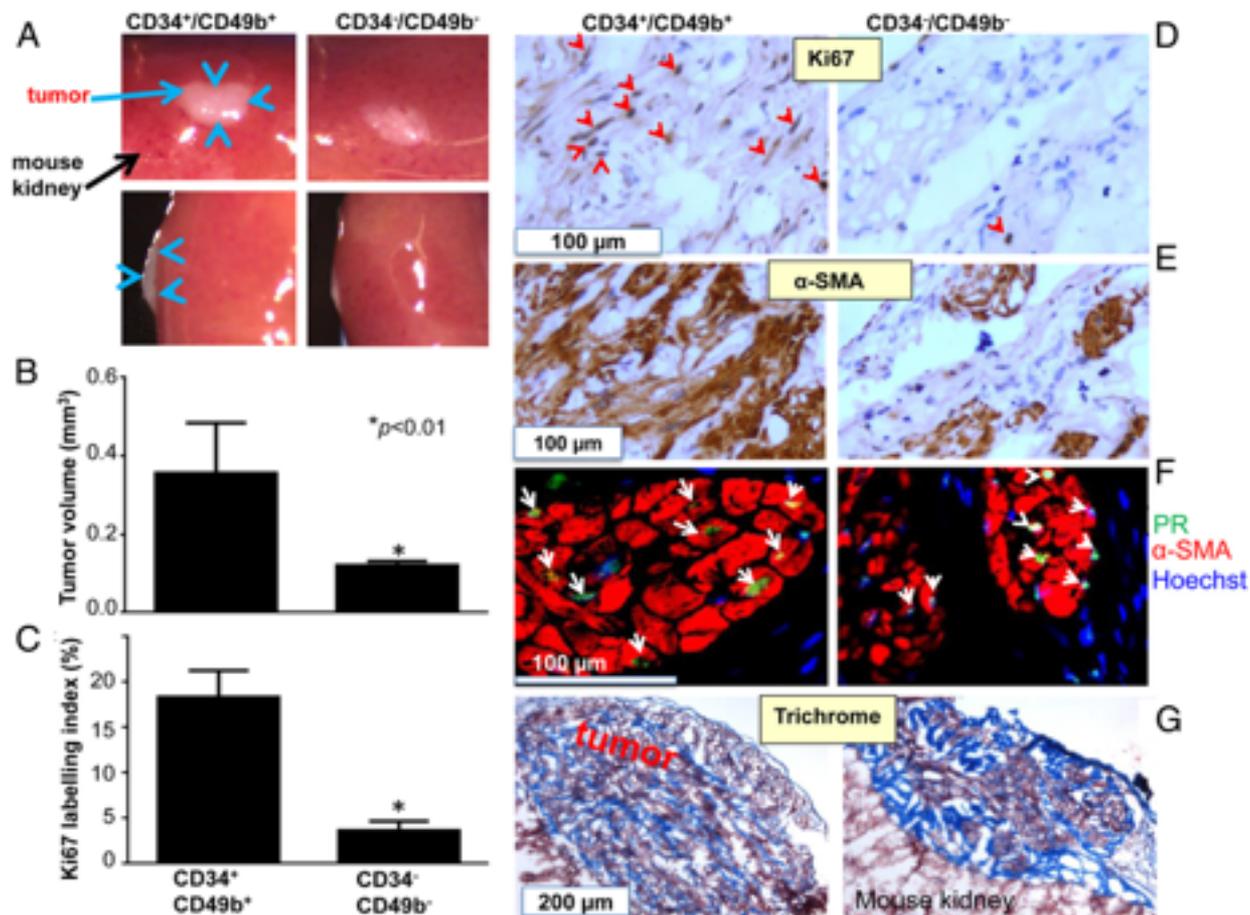
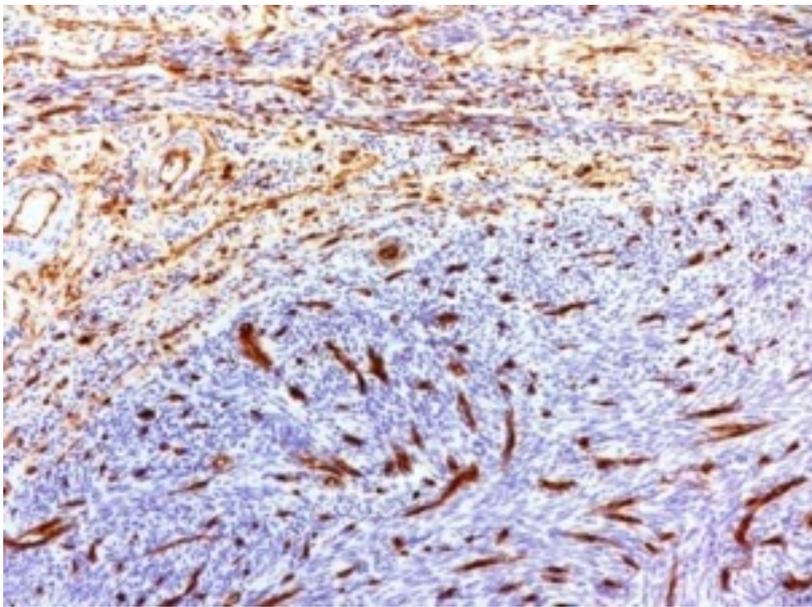
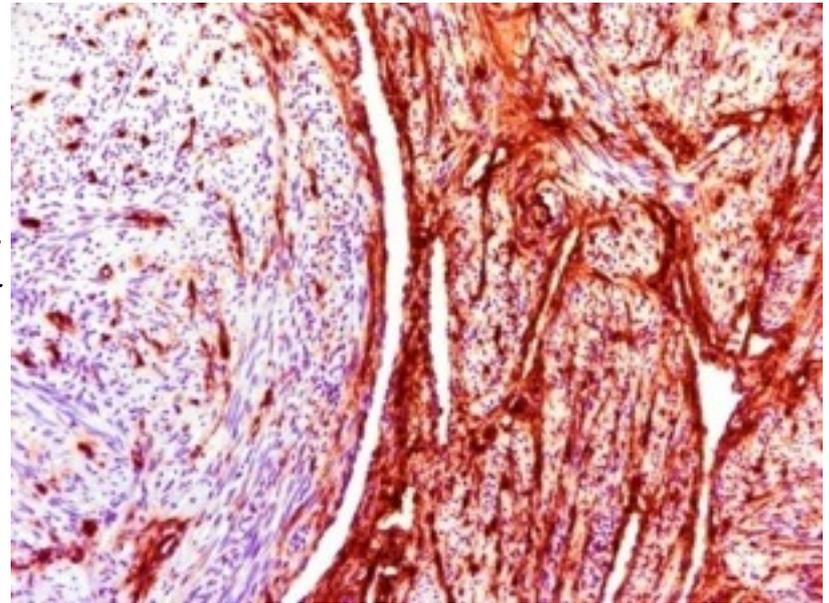


Figure 2. Regeneration of human leiomyoma-like tumors by CD34+/CD49b+ cells. A, Macroscopic visualization of the regenerated tumor (blue arrows) 8 weeks after engrafting. B, Quantification of tumor volume. Data shown are mean +/- SEM of representative triplicate experiments, repeated using cells from three independent patient samples. C, Quantification of the percentage of Ki67 positive cells (Ki67 labeling index) in tumors regenerated from CD34+/CD49b+ and CD34-/CD49b- cells. Values are expressed as means +/- SEM of representative triplicate experiments, repeated using cells from 3 patient samples. D-E, : Representative images of immunostaining of CD34+/CD49b+ or CD34-/CD49b- cell-reconstituted leiomyoma tissues with antibodies against proliferation marker Ki67 (D) and α -SMA (E). Tissues were counterstained with hematoxylin. Red arrowheads indicate Ki67-positive cells. F, Immunofluorescent staining of CD34+/CD49b+ or CD34-/CD49b- cell-reconstituted leiomyoma tissues with antibodies against PR (green) and α -SMA (red). Nuclei were stained with Hoechst dye (blue) and white arrowheads indicate PR-positive cells. G, Trichrome staining to characterize expression of typical extracellular matrix proteins in regenerated tissues.



Very small (less than 0,5 cm) leiomyoma, that were probably developing leiomyoma. There were no CD34 positive stromal fibroblasts. The CD34 positivity was restricted to vascular endothelial cells.

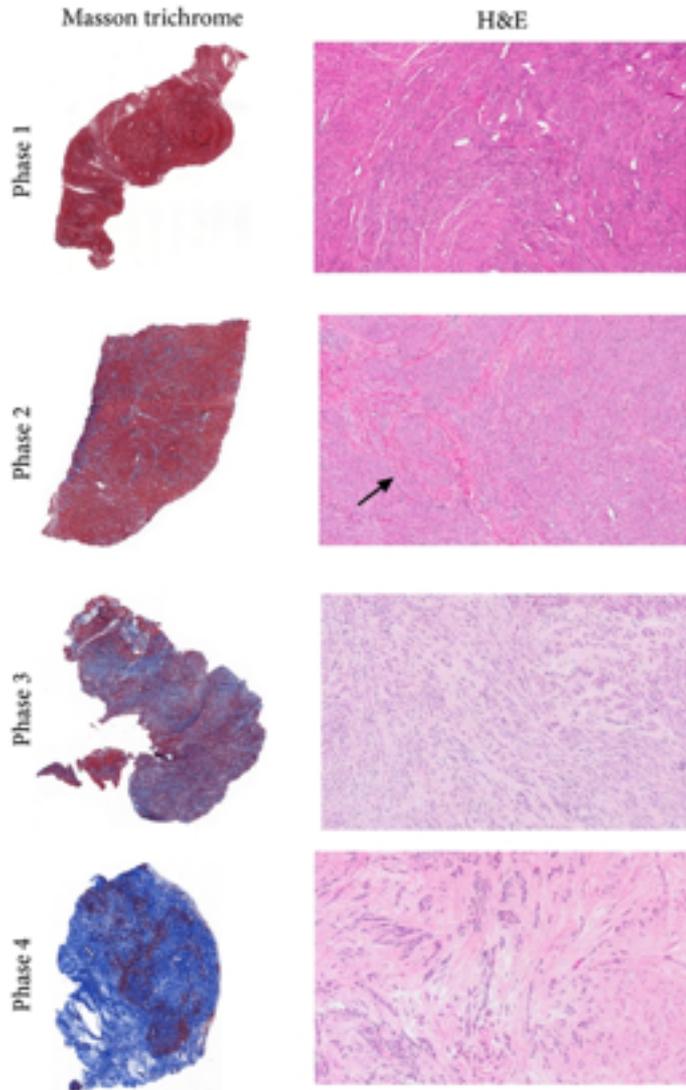
In cellular type leiomyoma there were no CD34 positive stromal fibroblasts. The CD34 positivity was restricted to vascular endothelial cells.



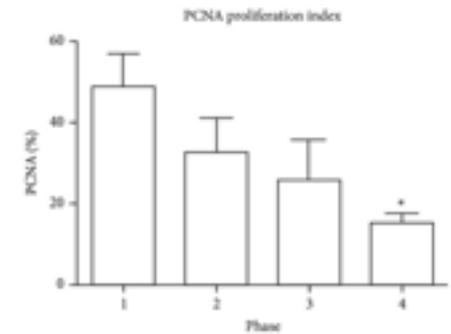
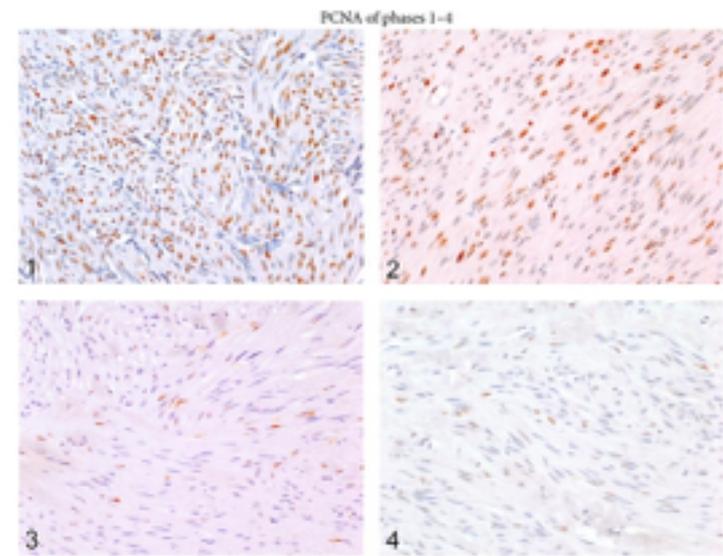
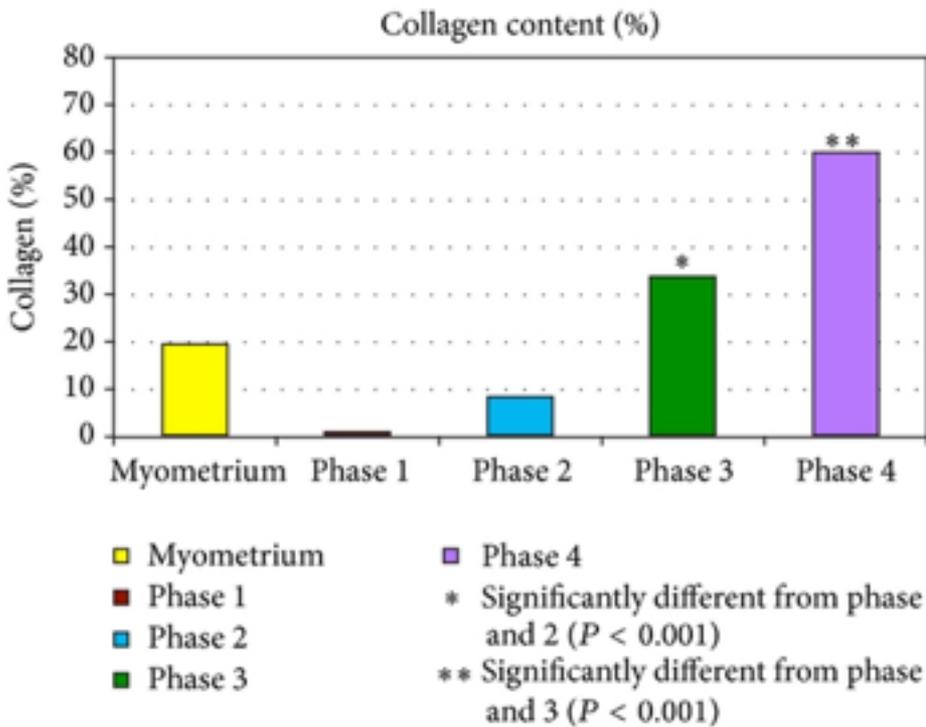
Are the mesenchymal stem cell progenitors activated to give origine to myofibroblasts?

It may possible that the leiomyoma cellular type is a first step in the leiomyoma formation rather than a distinct histological type.

Protic O, Toti P, Islam MS, Occhini R, Giannubilo SR, Catherino WH, Cinti S, Petraglia F, Ciavattini A, Castellucci M, Hinz B, Ciarmela P. Possible involvement of inflammatory/reparative processes in the development of uterine fibroids. Cell Tissue Res. 2016 May;364(2):415-27



Fibroid Phases 1–4. Representative examples of the four phases of fibroid development are shown, with the Masson trichrome stain (1x image) on the left and the H&E stain of the same tumor (10x image) on the right. The progressive increase in blue staining collagen from Phase 1 to Phase 4 is well shown in the Masson trichrome stained sections. The corresponding H&E images on the right also demonstrate the virtual absence of collagen in the Phase 1 tumor, the appearance of interspersed pink collagenous fibers (arrow) in Phase 2, the more abundant pale pink collagenous stroma of Phase 3, and the predominance of pink, hyalinized stroma in Phase 4. Note also the abundance of microvessels (small ovoid spaces) in Phase 1 and the paucity of vessels in Phases 3 and 4.

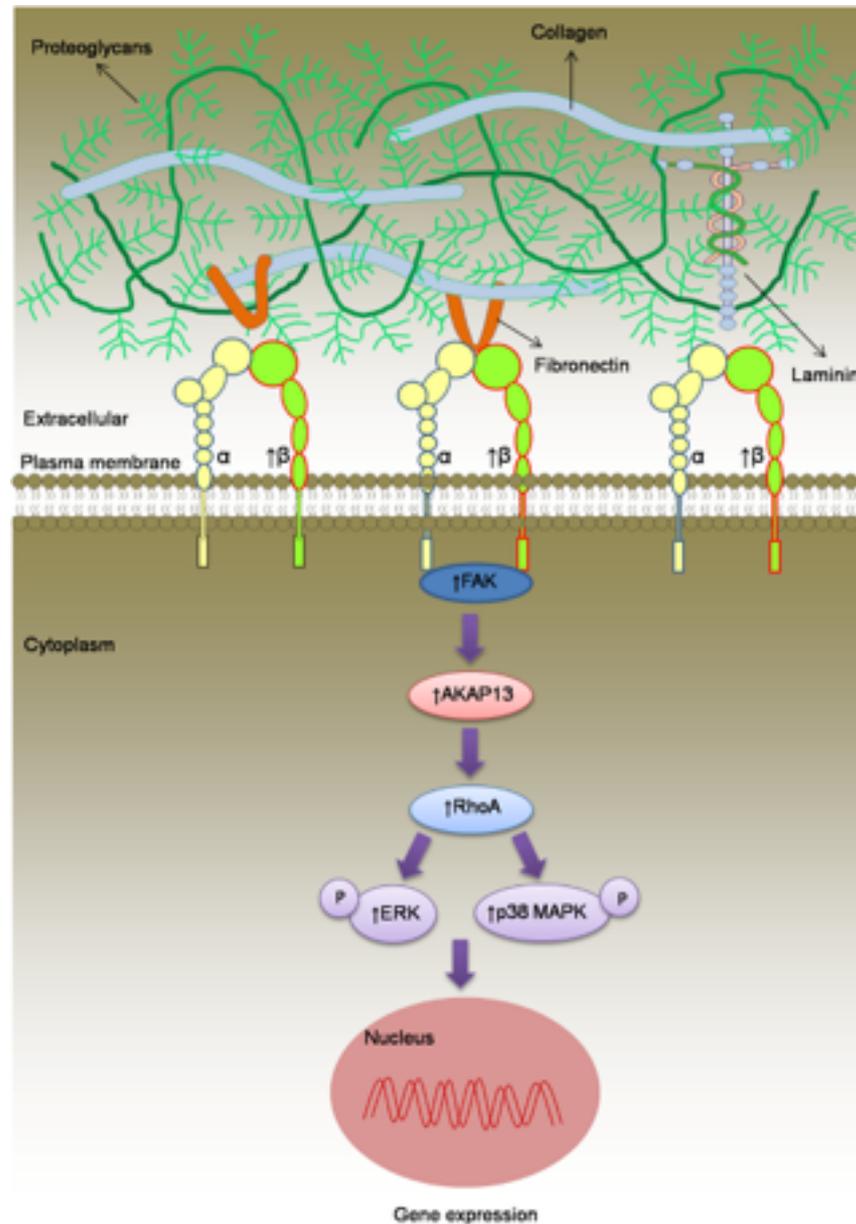


Fibroid phases: comparison of PCNA staining. (a) In this panel, a representative image of PCNA immunostaining from a fibroid in each of the four phases is shown. The percentage of PCNA positive nuclei in areas of maximum staining within the 4 fibroids in this panel was 59.1, 25.3, 19.1, and 15.5 for phases 1, 2, 3, and 4, respectively. A few PCNA positive nuclei are present in the phase 4 photo, but these are less intensely stained and thus less obvious than those in the other phases. All images were taken with the 20x objective. (b) Bar graph of Mean PCNAs from each phase

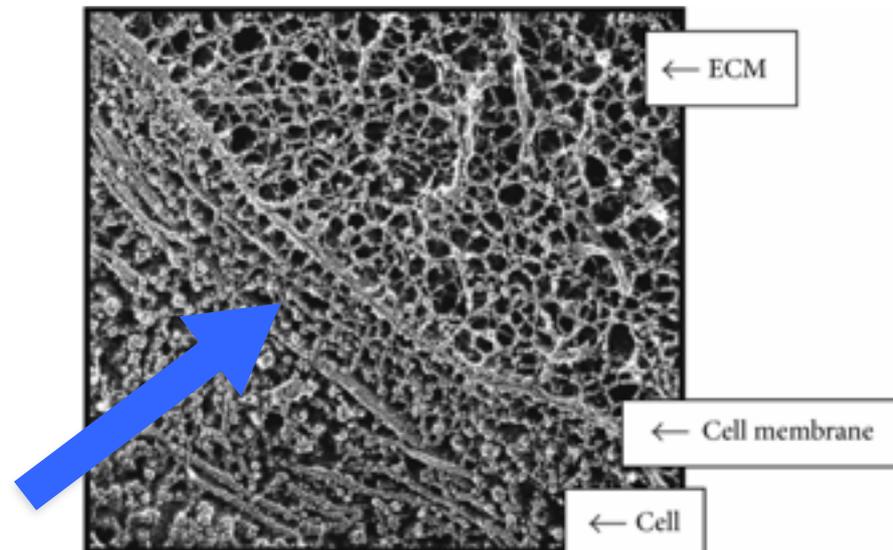
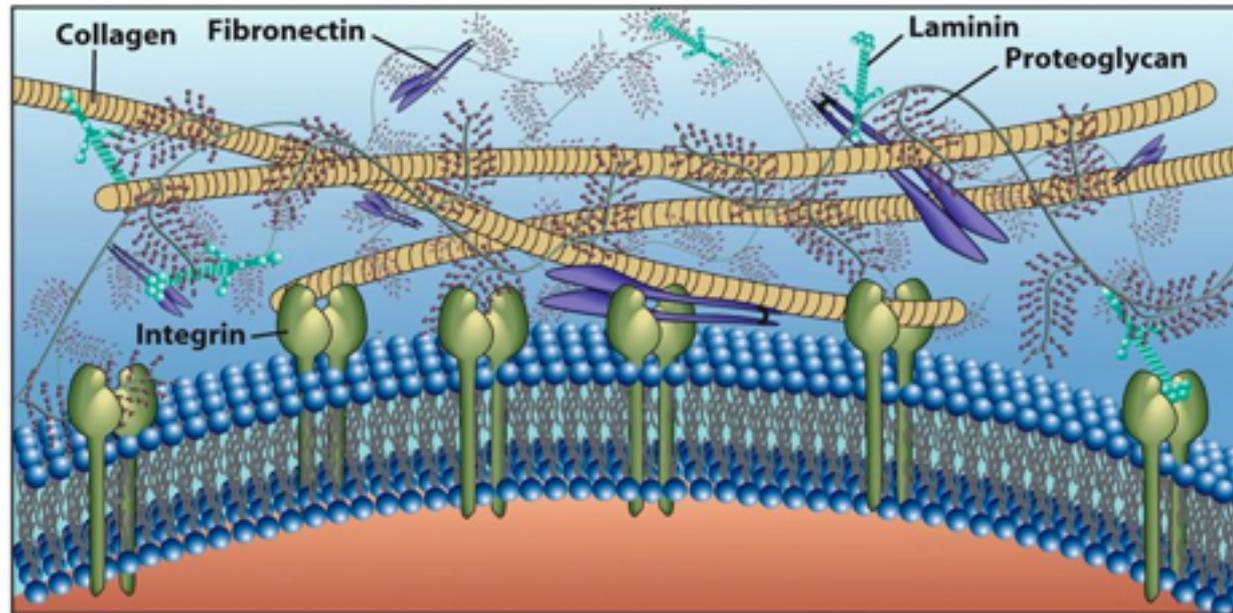
We suggest inflammatory/reparative pathogenesis:

The increase of inflammatory cells may trigger fibrotic process with recruitment of stem cells that give origine to myofibroblasts expressing abnormal ECM.

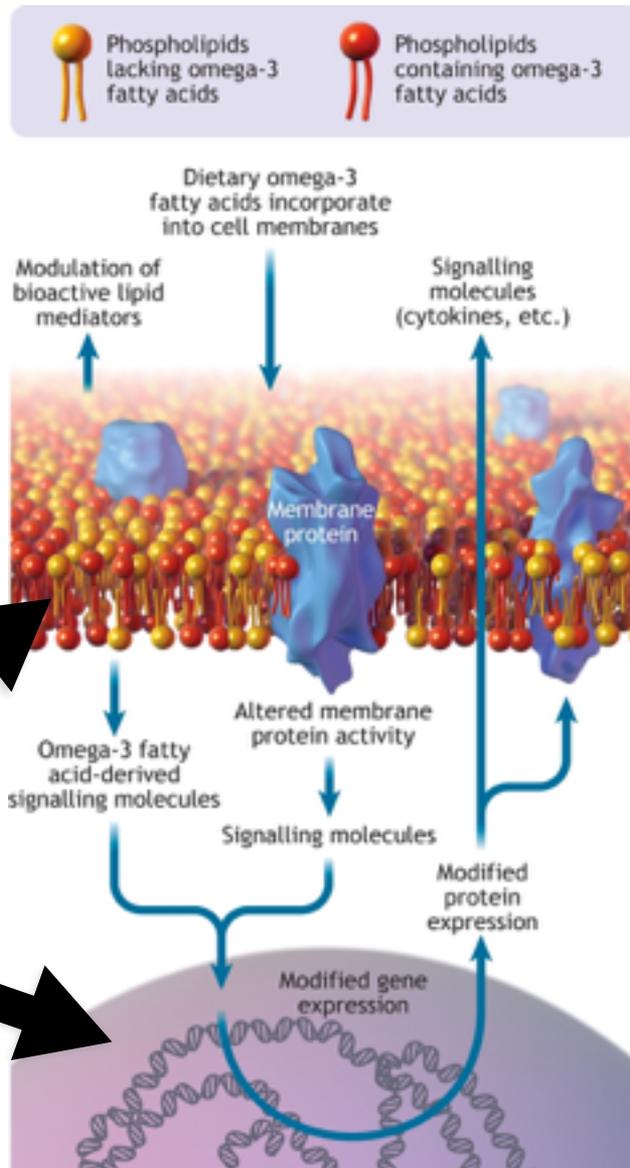
Mechanotransduction of extracellular matrix in uterine leiomyoma



Cell Membrane & Extracellular Matrix



Omega-3 Fatty Acids



Polyunsaturated fatty acids (PUFA)



Eicosapentaenoic acid



Docosahexaenoic acid



Primary leiomyoma and myometrial tissue

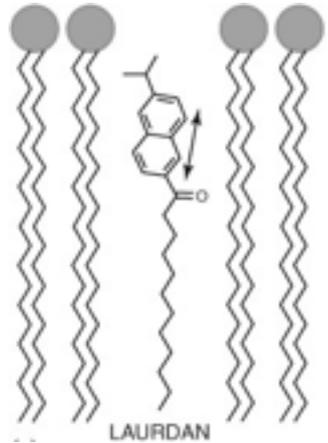


Cell cultures treated with EPA and DHA

Transmethylation of tissue fatty acids

Gas chromatographic analysis of fatty acid content

Laurdan fluorescence for membrane fluidity or rigidity



Real-time PCR for gene expression

ECM components
Mechanical signaling
Sterol regulatory molecules
Mitochondrial enzymes

To analyze if omega-3 fatty acids modulate the lipidomic profile of the cell.

To assess the effects of omega-3 fatty acids on the fluidity of the cell membrane.

In vitro effect of DHA and EPA on fatty acid composition in Myometrial cells

Fatty acids		Myo_ctrl	Myo_DHA	Myo_EPA
Name	Carbon number: double bond number	weight % of total fatty acids		
Myristic acid	14:0	2.4±0.7	2.5±0.5	2.6±0.5
Pentadecylic acid	15:0	1.3±0.2	1.1±0.2	1.1±0.2
Palmitic acid	16:0	19.9±2.3	21.8±2.1	21.1±1.4
Margaric acid	17:0	0.9±0.1	0.8±0.1	0.8±0.1
Stearic acid	18:0	18.0±2.8	19.7±2.4	18.5±2.4
Lignoceric acid	24:0	1.1±0.3 ^b	0.7±0.1 ^a	0.8±0.1 ^a
ΣSFA		43.5±5.3	46.6±4.1	44.9±2.9
Pentadecenoic acid	15:1	1.0±0.8	0.8±0.5	0.8±0.4
Palmitoleic acid	16:1 <i>n</i> -7	5.7±0.5 ^b	4.3±0.6 ^a	4.2±0.7 ^a
Heptadecenoic acid	17:1	0.6±0.4	0.4±0.3	0.3±0.3
Oleic acid	18:1 <i>n</i> -9	25.6±2.0 ^b	18.6±3.0 ^a	17.9±2.7 ^a
Vaccenic acid	18:1 <i>n</i> -7	8.9±2.3 ^b	6.7±1.9 ^{ab}	6.4±1.6 ^a
Nervonic acid	24:1	0.3±0.1 ^b	0.1±0.0 ^a	0.1±0.0 ^a
ΣMUFA		42.1±1.1^b	30.8±4.9^a	29.7±4.7^a
Linoleic acid	18:2 <i>n</i> -6 cis	1.0±0.4 ^a	1.6±0.3 ^b	1.6±0.3 ^b
γ-Linolenic acid	18:3 <i>n</i> -6	0.0±0.0	0.1±0.0	0.1±0.1
α-Linolenic acid	18:3 <i>n</i> -3	0.1±0.1	0.1±0.0	0.1±0.0
Stearidonic acid	18:4 <i>n</i> -3	0.4±0.1 ^b	0.2±0.0 ^a	0.1±0.0 ^a
Eicosadienoic acid	20:2 <i>n</i> -6	0.1±0.1	0.1±0.0	0.1±0.0
Dihomo-γ-linolenic acid	20:3 <i>n</i> -6	1.1±0.2	1.2±0.3	1.1±0.2
Arachidonic acid	20:4 <i>n</i> -6	5.2±1.5 ^b	3.4±0.6 ^a	3.4±0.6 ^a
Eicosapentaenoic acid	20:5 <i>n</i> -3, EPA	0.3±0.2 ^a	1.2±0.8 ^a	5.1±2.2 ^a
Docosapentaenoic acid	22:5 <i>n</i> -3, DPA	1.7±0.9 ^a	2.2±1.1 ^a	10.5±3.4 ^b
Docosahexaenoic acid	22:6 <i>n</i> -3, DHA	2.3±1.2 ^a	11.0±5.6 ^b	1.4±0.8 ^a
ΣPUFA		12.3±4.3^a	21.0±8.4^{bc}	23.7±7.0^b
ΣPUFA ω3		4.8±2.3 ^a	14.7±7.3 ^b	17.4±6.0 ^b
ΣPUFA ω6		7.5±2.1	6.3±1.1	6.4±1.0
Lipophilic index		30.8±5.0	27.1±7.0	23.2±5.9
Other peaks		2.0±0.2	1.6±0.2	1.7±0.3

Omega-3 fatty acids modulate the lipid profile of the cell membrane

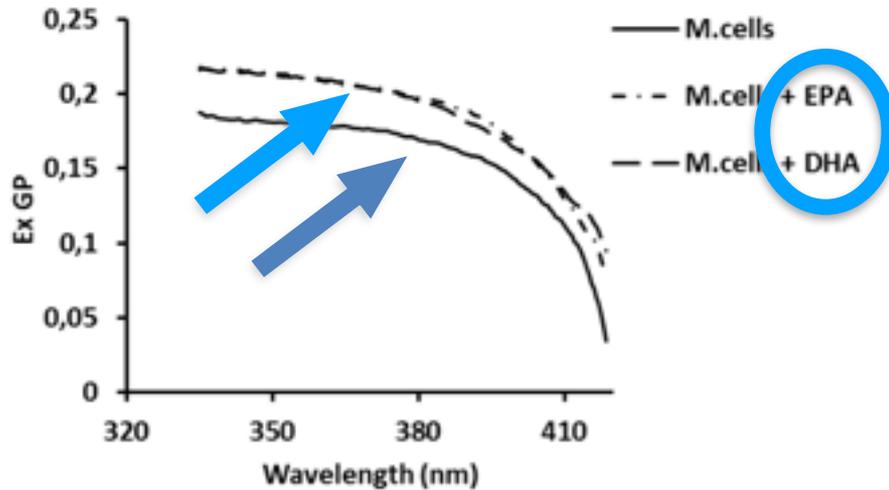
In vitro effect of DHA and EPA on fatty acid composition in Leiomyoma cells

		Fib_ctrl	Fib_DHA	Fib_EPA
<i>Name</i>	<i>Carbon number: double bond number</i>	<i>weight % of total fatty acids</i>		
Myristic acid	14:0	2.1±0.5	2.3±0.6	2.5±0.7
Pentadecylic acid	15:0	1.7±0.5	1.5±0.3	1.5±0.6
Palmitic acid	16:0	20.3±1.9	20.9±2.8	20.8±2.1
Margaric acid	17:0	0.7±0.1	0.8±0.1	0.8±0.1
Stearic acid	18:0	18.3±3.3	19.9±2.2	18.7±1.6
Lignoceric acid	24:0	1.1±0.3 ^b	0.7±0.2 ^a	0.8±0.2 ^a
ΣSFA		44.2±5.5	46.1±5.2	45.1±3.4
Pentadecenoic acid	15:1	0.9±0.4	1.3±0.7	1.5±0.8
Palmitoleic acid	16:1 <i>n</i> -7	6.5±1.0 ^b	4.9±0.6 ^a	4.9±0.8 ^a
Heptadecenoic acid	17:1	0.2±0.2	0.4±0.3	0.4±0.3
Oleic acid	18:1 <i>n</i> -9	24.0±2.3 ^b	19.0±0.6 ^a	18.9±0.4 ^a
Vaccenic acid	18:1 <i>n</i> -7	9.2±0.6 ^b	6.5±0.5 ^{ab}	6.4±0.5 ^a
Nervonic acid	24:1	0.2±0.1 ^b	0.1±0.0 ^a	0.1±0.0 ^a
ΣMUFA		41.0±3.5^b	32.1±0.4^a	32.1±1.3^a
Linoleic acid	18:2 <i>n</i> -6 <i>cis</i>	1.0±0.2 ^a	1.5±0.1 ^b	1.5±0.2 ^b
γ-Linolenic acid	18:3 <i>n</i> -6	0.1±0.0	0.0±0.0	0.1±0.0
α-Linolenic acid	18:3 <i>n</i> -3	0.1±0.0	0.1±0.0	0.1±0.0
Stearidonic acid	18:4 <i>n</i> -3	0.3±0.2 ^b	0.1±0.0 ^a	0.1±0.0 ^a
Eicosadienoic acid	20:2 <i>n</i> -6	0.1±0.0	0.2±0.2	0.1±0.0
Dihomo-γ-linolenic acid	20:3 <i>n</i> -6	1.1±0.3	1.2±0.1	1.1±0.1
Arachidonic acid	20:4 <i>n</i> -6	6.6±1.9 ^b	4.6±1.8 ^a	4.0±0.8 ^a
Eicosapentaenoic acid	20:5 <i>n</i> -3, EPA	0.3±0.1 ^a	1.5±0.7 ^a	5.3±1.8 ^b
Docosapentaenoic acid	22:5 <i>n</i> -3, DPA	1.6±0.9 ^a	1.6±0.9 ^a	7.0±0.9 ^b
Docosahexaenoic acid	22:6 <i>n</i> -3, DHA	1.8±1.1 ^a	9.4±2.9 ^b	1.3±1.0 ^a
ΣPUFA		12.9±2.6^a	20.3±4.9^{ab}	20.7±2.1^b
ΣPUFA ω3		4.1±2.2 ^a	12.8±4.2 ^b	13.9±2.0 ^b
ΣPUFA ω6		8.8±1.9	7.5±1.9	6.8±0.8
Lipophilic index		30.5±4.2	27.2±5.7	25.4±3.1
<i>Other peaks</i>		1.8±0.4	1.5±0.4	1.7±0.2

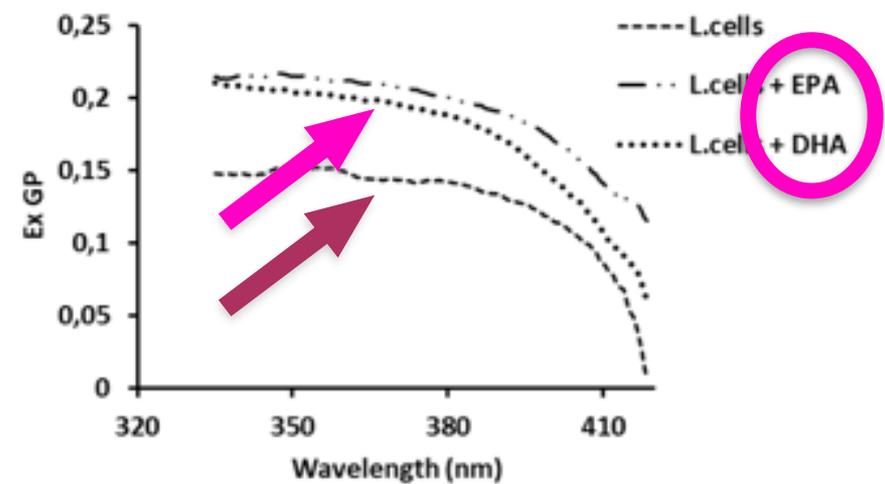
The reduction of the arachidonic acid suggests an anti-inflammatory effect of EPA and DHA on myometrial and leiomyoma cells.

Effects of EPA and DHA on membrane phase myometrial and leiomyoma cells

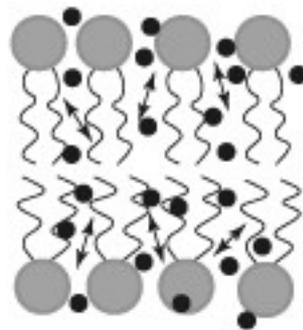
Primary myometrial cells



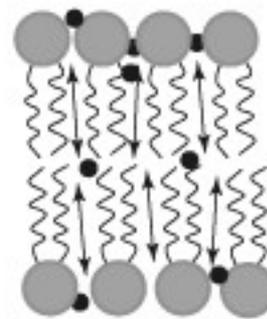
Primary leiomyoma cells



Fluid phase



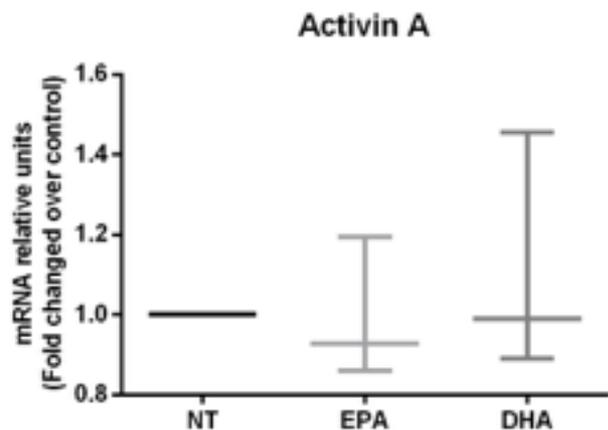
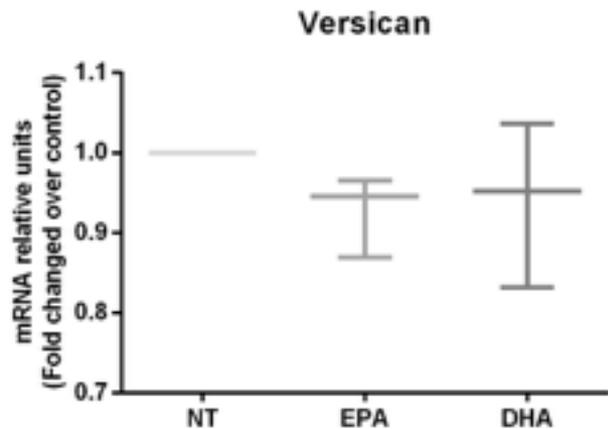
Gel phase



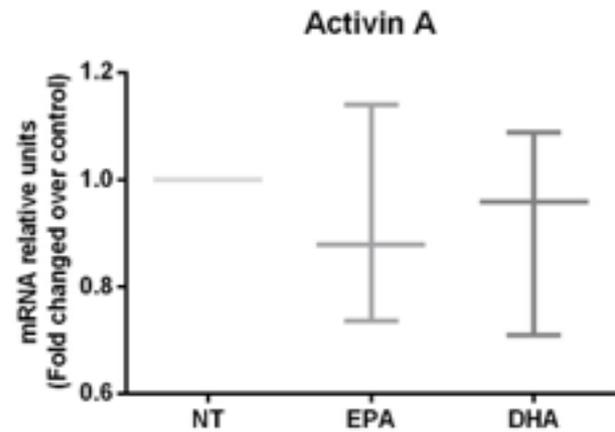
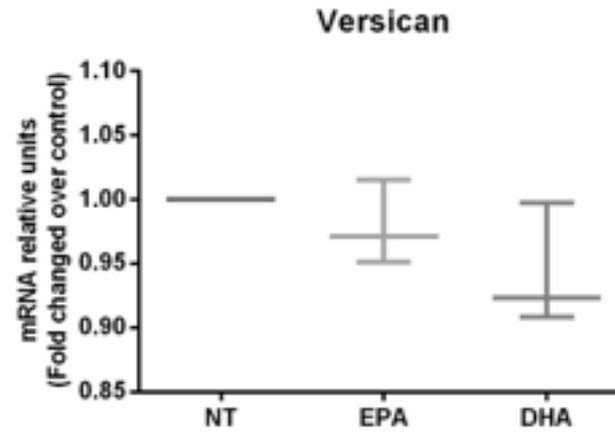
By using Laurdan Ex GP spectra we could identify that the membrane myometrial and leiomyoma cells were in the liquid-crystalline phase. Evaluation of both cell types after treatment with EPA or DHA showed that the Laurdan Ex GP values were increased compared to the control group, suggesting that the samples were in a more rigid environment with a decreased capacity of mobility due to a lower fluidity level of the membrane.

Effect of EPA and DHA on mRNA expression of extracellular matrix components and activin A in primary myometrial and leiomyoma cells

Primary myometrial cells



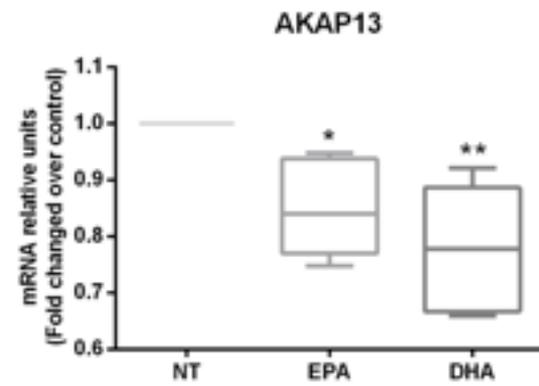
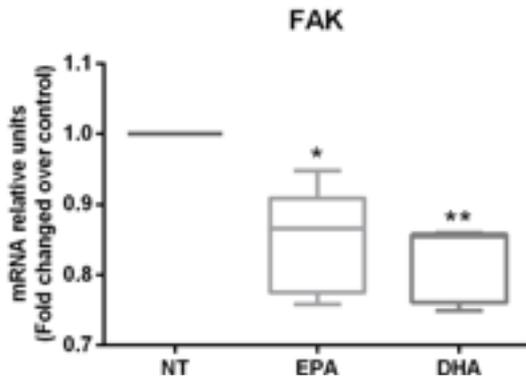
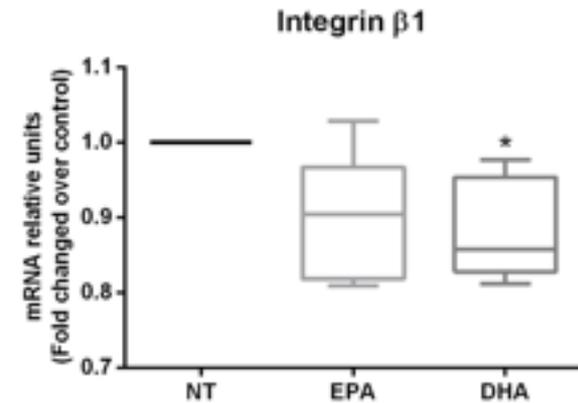
Primary leiomyoma cells



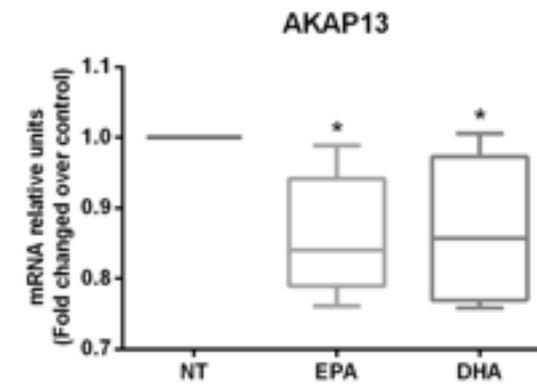
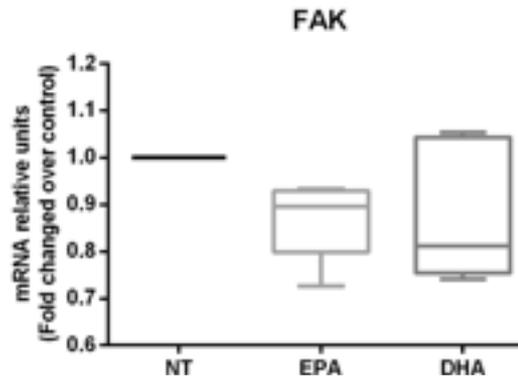
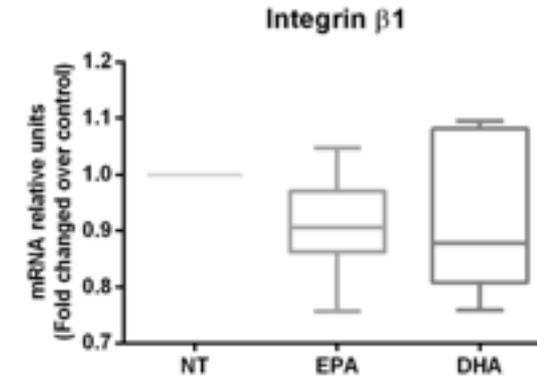
Cells of the myometrium or leiomyomas were treated with EPA or DHA (50 μ M for 48 hours) and showed no significant changes of collagen1A1, fibronectin and versican and activin A mRNA expression compared to the untreated sample.

Effect of EPA and DHA on mRNA expression of mechanical signaling molecules in primary myometrial and leiomyoma cells

Primary myometrial cells



Primary leiomyoma cells



Integrins play an important role in transmitting mechanical signals from the ECM and are characterized as heterodimeric transmembrane receptors.

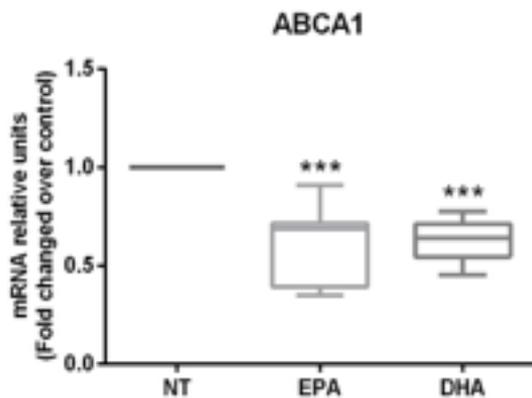
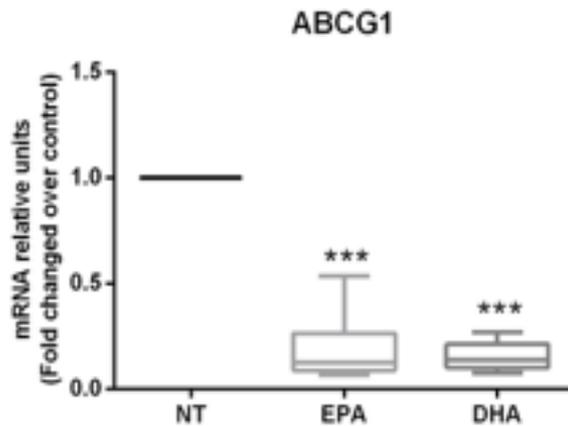
FAK is phosphorylated in response to integrin engagement, growth factor stimulation, and the action of mitogenic neuropeptides.

Anchor kinase protein 13 (AKAP13) is associated with cytoskeletal filaments.

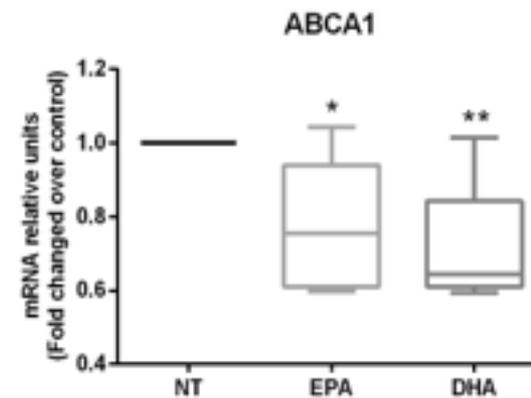
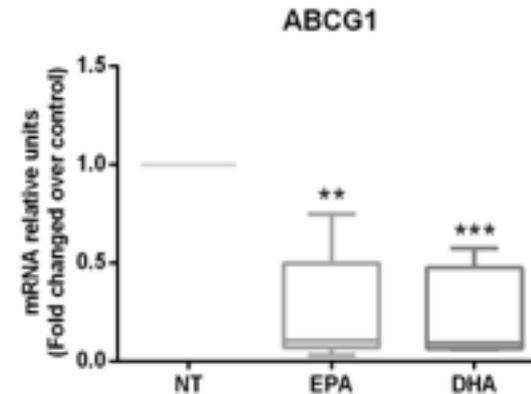
Effect of EPA and DHA on mRNA expression of sterol regulatory molecules in primary myometrial and leiomyoma cells

ABCG1 and ABCA1 mediate lipid accumulation and are part of the evolutionarily conserved family of ATP-binding cassette cholesterol transporters. ABCG1 and ABCA1 are responsible for the efflux of cholesterol, a precursor of steroid hormones and the fat-soluble vitamins A, D, E, K.

Primary myometrial cells



Primary leiomyoma cells

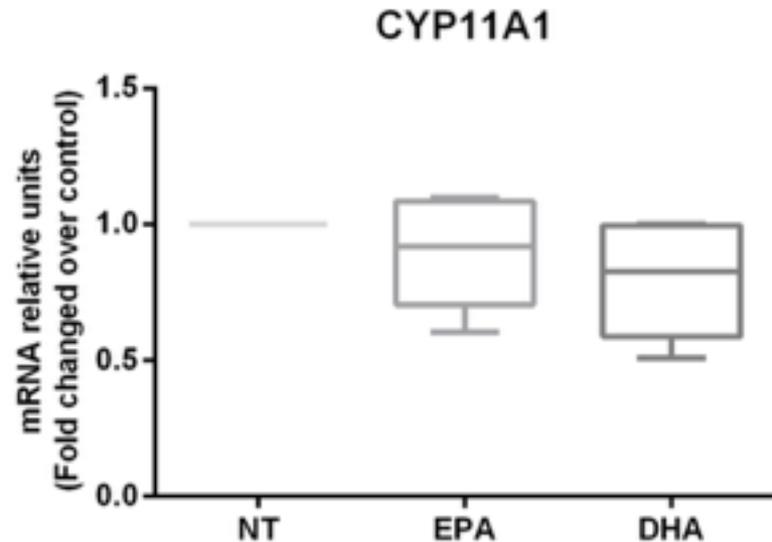
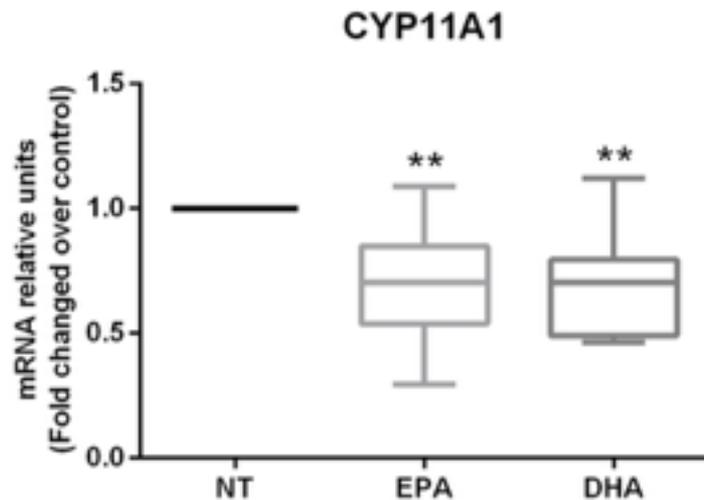


Effect of EPA and DHA on mRNA expression of the mitochondrial enzyme CYP11A1 in primary myometrial and leiomyoma cells

CYP11A1 is a mitochondrial enzyme responsible for catalyzing the conversion of cholesterol to pregnenolone, which is a precursor of estrogens, progestogens, mineralocorticoids, glucocorticoids, and androgens.

Primary myometrial cells

Primary leiomyoma cells



Islam MS, Castellucci C, Fiorini R, Greco S, Gagliardi R, Zannotti A, Giannubilo SR, Ciavattini A, Frega NG, Pacetti D, Ciarmela P. Omega-3 fatty acids modulate the lipid profile, membrane architecture, and gene expression of leiomyoma cells. *J Cell Physiol.* 2018

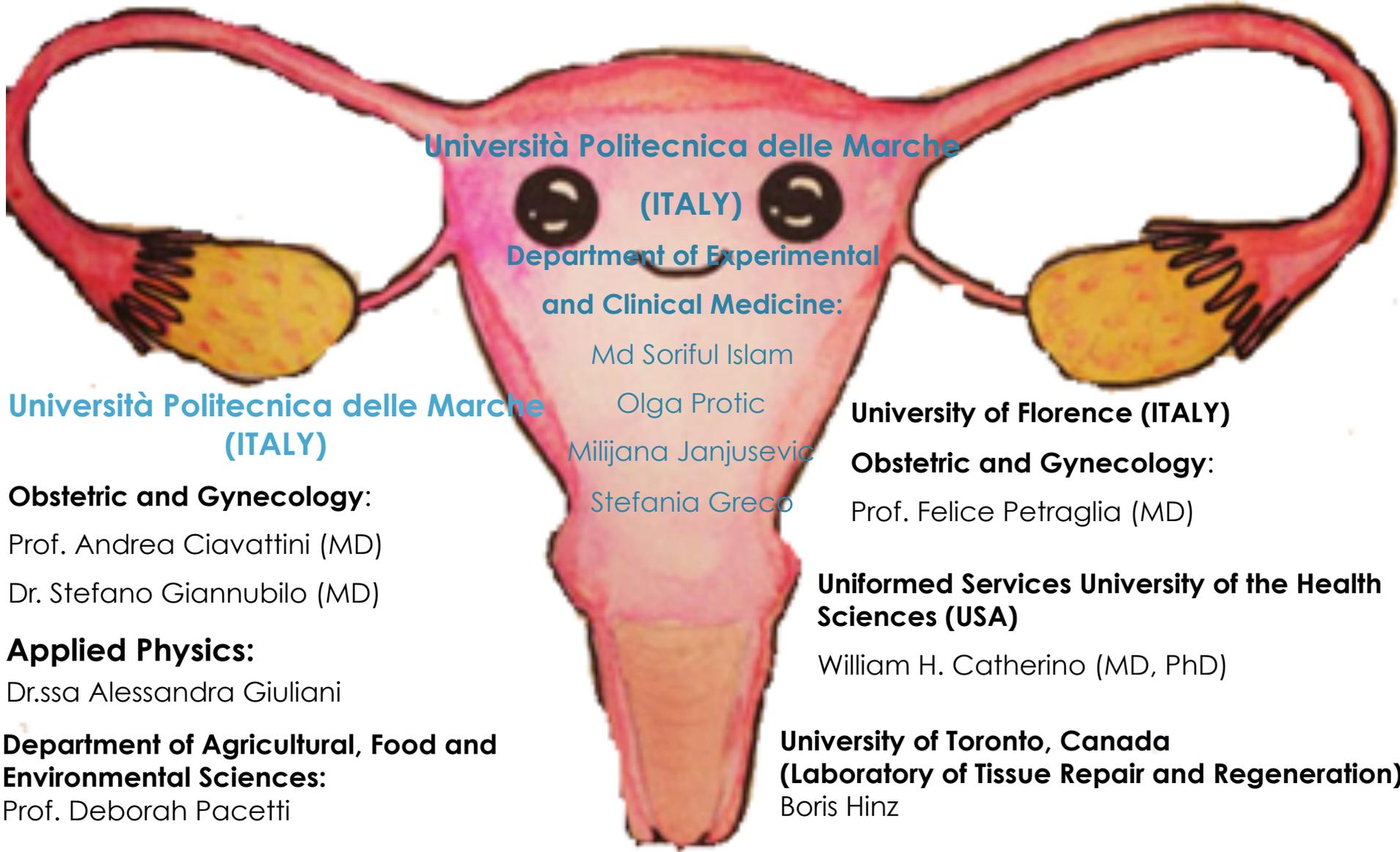
Conclusions

The ECM synthesis and dysregulation are important events in leiomyoma growth.

Uterine fibroids may have inflammatory/reparative pathogenesis.

Involvement of cell membrane and lipid content.

Collaborations



**Università Politecnica delle Marche
(ITALY)**

**Department of Experimental
and Clinical Medicine:**

Md Soriful Islam

Olga Protic

Milijana Janjusevic

Stefania Greco

University of Florence (ITALY)

Obstetric and Gynecology:

Prof. Felice Petraglia (MD)

**Uniformed Services University of the Health
Sciences (USA)**

William H. Catherino (MD, PhD)

**University of Toronto, Canada
(Laboratory of Tissue Repair and Regeneration)**

Boris Hinz

**Università Politecnica delle Marche
(ITALY)**

Obstetric and Gynecology:

Prof. Andrea Ciavattini (MD)

Dr. Stefano Giannubilo (MD)

Applied Physics:

Dr.ssa Alessandra Giuliani

**Department of Agricultural, Food and
Environmental Sciences:**

Prof. Deborah Pacetti

**Department of Life and Environmental
Sciences:**

Dr.ssa Rosamaria Fiorini