



Society of Endometriosis and Uterine Disorders



**International Islamic Center for
Population Studies and Research (IICPSR)
Al-Azhar University**

In collaboration with

**International Society of Endometriosis and Uterine Disorders
(SEUD) -France**

and

The Egyptian Fertility and Sterility Society (EFSS)

**" A Basic & Advanced Clinical and
Laboratory Training Course in Infertility including
ART for Developing Countries "**

**Nov. 28th – Dec. 2nd , 2015
Cairo - Egypt**

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Message from the Course Director and Director of IICPSR, Al Azhar University



Infertility contributes to the global burden of diseases, affects quality of life and is rated by WHO and World Bank as the 5th disability for age group 0-59 years. Prevention and treatment of infertility is a reproductive right in line with the agenda of Cairo ICPD 1994.

In developing countries infertility is a medical and social problem with gender sufferings. Infertility prevention and treatment is a political commitment as it involves nondiscrimination against women, contributes to the success of Family Planning program and prevention of STDs, and contributes to development and achievement of SDGs.

The objective of this workshop is to update participants on the prevention of infertility, cost-effective evidence based methods of diagnosis and treatment of infertility and making the provision of ART services more affordable and accessible in low recourse countries.

The practical part of the workshop provides directions and assistance to the participants to provide complete infertility service, including ART, integrated in reproductive and sexual health services in their own hospitals or countries.

The collaborative efforts of the Society of Endometriosis and Uterine Disorders (SEUD), the Egyptian Fertility and Sterility Society, and colleagues from UK, Germany, Belgium, France and Italy are well acknowledged.

COURSE DIRECTORS:

Prof. Gamal I. Serour (Al-Azhar University- Egypt)
Prof. Charles Chapron (SEUD-Paris)

COURSE COORDINATORS:

Prof. Shokry Abdel Azeim (Al-Azhar University)
Prof. Ahmed Fata (Al-Azhar University)
Prof. Abdel Aal El Ghandour (Al-Azhar University)
Prof. Aziza Mansour (Al-Azhar University)
Prof. Taymour Khalifa (Al Azhar University)

FACULTY OF THE WORKSHOP:

AL-AZHAR UNIVERSITY (AZHART):

Prof. Gamal I. Serour
Prof. Shokry Abdel Azeim
Prof. Ahmed Fata
Prof. Abdel El Aal El Ghandour
Prof. Ayman M. Nassar
Prof. Serag El Din Mansour
Prof. Yehia Wafa
Prof. Khaled Galal
Prof. Adel El Sayed
Assist. Prof. Hassan Abd Rabou
Assist. Prof. Ahmed Rammah
Assist. Prof. Youssef Abou Shady
Assist. Prof. Mohamed Shehata Abdel Aal
Dr. Ahmed Serour
Dr. Ahmed Roshdy
Dr. Mona M. Reda
Dr. Mahmoud Abdel Wahed
Dr. Wael Khafagy

International Faculty:

Prof. Charles Chapron	(France)
Prof. Ian Cook	(UK)
Prof. Klaus Diedrich	(Germany)
Prof. Safaa Al-Hasani	(Germany)
Prof. Felice Petraglia	(Italy)
Prof. Paul Devroey	(Belgium)
Prof. Eric Jauniaux	(UK)

Andrology:

Prof. Taymour Khalifa
Dr. Hany Sabry
Dr. Ahmed Fathy

Embryology Lab:

Prof. Aziza Mansour
Dr. Eman Anwar
Dr. Amira Mehanna
Scientist. Ahmed Kadry
Scientist. Ahmed Fathy
Scientist. Khaled Swedan
Scientist. Alaa Mahmoud
Scientist. Eman Abdallah

Biochemistry Lab:

Prof. Mervat Mahmoud
Assist. Prof. Ashraf Taha
Assist. Prof. Mosaad Ibrahim
Scientist. Nermein Mohamed

Research Fellows:

Dr. Hossam Turk
Dr. Ahmed Motawe
Dr. Abdel Maksoud Elsayed
Dr. Ahmed Elsayed
Dr. Mohamed Hussein

Biostatistics:

Dr. Ahmed Ragaa Abdel Hamid Ragab

Dr. Abeer Abdel Wahed

GENERAL INFORMATION:**Official Language:**

The official language of the congress is English.

Badges:

You will receive your name badge on registration. All candidates must wear their badges throughout the workshop, breaks, and in the exhibition hall.

Certificate of Attendance:

Certificate of Attendance will be delivered on the last day after complete the evaluation form.

Coffee Breaks & Lunch:

It will be served in the Cafeteria of the Center opposite the conference room free of charge for all participants.

Exhibition Hall:

Medical industry and Pharmaceutical companies will display their products in front of the Workshop room. Please feel free to visit the medical exhibition during the breaks.

Information Desk:

For any inquiries please contact the Secretariat located on the fourth floor.

Mobile Phones:

Mobile Phones must be switched off inside the meeting room.

Preview Room:

All Speakers are kindly requested to deliver their presentation at least one hour before their talk to the slide room which will be beside the registration room.

Practical Training:

Supervised by members of:

- 1- Al-Azhar University ART Unit Staff.
- 2- Prof. Safaa Al-Hasani (Germany)

Practical Training Sessions:

A) Reproductive Medicine Sessions:

- | | |
|--------------------------------------|----------|
| 1- Patients counseling and selection | (Clinic) |
| 2- Ultrasound Monitoring | (Clinic) |
| 3- Ovum Pick up, ET | (O. R.) |
| 4- TESE, TESA and PESA | (O. R.) |

B) Embryology Lab Sessions: (Embryology Lab)

- 1- Sperm preparation.
- 2- Oocyte (s) Identifications.
- 3- Oocyte (s) Denudation.
- 4- IVF and ICSI.
- 5- Loading Embryo (s).
- 6- Cryo-preservation.
- 7- Vitrification.

Registration Fee:

Includes attending all scientific sessions, Practical Training Sessions, Coffee Breaks, Lunch and workshop kit.

POST WORKSHOP HANDS-ON TRAINING PROGRAM:

Optional practical training will be provided for clinicians and embryologists for a period of two weeks or longer period as requested. Number of trainees will be limited to two persons only at a time.

For more information:

Please call secretariat:

Secretariat:

Mrs. Dalal Zeidan (IICPSR, Al-Azhar University)
Mrs. Eman Abdel Hamid (IICPSR, Al-Azhar University)
Mrs. Azza El-Tobgi (EFSS)
Mr. Mohamed Bekheet (IICPSR, Al-Azhar University)

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WORKSHOP PROGRAM DETAILS

Saturday 28th November, 2015:

- 08.30 – 09.00 REGISTRATION
09.00 – 09.30 OPENING SESSION
Prof. Ahmed Fata
Head ART Unit
Prof. Gamal I. Serour
Director, IICPSR, Al Azhar University
Prof. Ahmed Selleem
Dean Faculty of Medicine, Al Azhar University
Prof. Dr. Abdel Hai Azab
Rector Al Azhar University
- (1) 09.30 – 09.50 **Anovular Infertility/Treatment/Complication/Prevention**
Prof. Gamal I. Serour
(Al Azhar University)
09.50 – 10.00 Discussion
- (2) 10.00 – 10.20 **Evaluation and Management of Male Infertility**
Dr. Ahmed Fathy, (Al Azhar University)
10.20 – 10.30 Discussion
- (3) 10.30 – 10.50 **Semen Preparation for IUI and ART**
Prof. Aziza Mansour, (Al Azhar University)
10.50 – 11.00 Discussion
- (4) 11.00 – 11.20 **Ultrasonography in Infertility Management**
Prof. Abdel Aal El Ghandour, (Al Azhar University)
11.20 – 11.30 Discussion
- (5) 11.30 – 11.50 **Patient Selection and Counseling in ART Programs**
Prof. Ayman Nassar, (Al Azhar University)
11.50 – 12.00 Discussion
12.00 – 12.30 **COFFEE BREAK**

AFTERNOON SESSIONS (Panel Discussion)

- 12.30 – 13.30 **Diagnosis & Evaluation of the Infertile Couple**
Chair: Prof. Gamal I. Serour
Panelists: Prof. Abdel Aal El Ghandour, Prof. Ayman Nassar,
 Prof. Taymour Khalifa, Prof. Khaled Galal,
 (Al-Azhar University)
- 13.30 – 14.00 **LUNCH BREAK**
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- 14.00 – 16.00 **Practical Sessions:**
 Prof. Gamal I. Serour & Staff
 - Division into groups
 - Satellite live show and video

Sunday 29th November, 2015:

- (6) 08.30 – 08.50 **Infertility and Obesity**
Prof. Shokry Abdel Azeim,
(Al Azhar University)
08.50 – 09.00 Discussion
- (7) 09.00 – 09.20 **Role of Laparoscopy in Infertility in the Era of ART**
Prof. Gamal I. Serour, (Al Azhar University)
09.20 – 09.30 Discussion
- (8) 09.30 – 09.50 **Embryo Transfer Policy and Technique**
Prof. Serag Eldin Mansour,
(Al Azhar University)
09.50 – 10.00 Discussion
- (9) 10.00 – 10.20 **Informative, Implicative and Supportive Counseling in ART**
Dr. Ahmed Gamal, (Al Azhar University)
10.20 – 10.30 Discussion
- (10) 10.30 – 10.50 **Cryopreservation Techniques and Pregnancies Resulting from Cryopreservation**
Prof. Safaa Al-Hasani, Germany
10.50 – 11.00 Discussion
- 11.00- 11.30 **COFFEE BREAK**
- 11.30 – 12.30 **Case Study (COS) COH**
Prof. Ahmed Rammah
Dr. Ahmed Gamal
(Al Azhar University)
- Case Study (Andrology)**
Prof. Taymour Khalifa
Dr. Ahmed Fathy, Dr. Hany Sabry
(Al Azhar University)

12.30 – 13.30	<u>AFTERNOON SESSIONS Panel Discussion</u> <u>(one hour)</u> Patient Centered treatment of infertility
Chair:	Prof. Abdel Aal El Ghandour,
Panelists:	Prof. Serag Eldin Mansour, Prof. Shokry A. Azeim, Prof. Ahmed Fata, Dr. Ahmed Gamal, Dr. Ahmed Fathy, (Al Azhar University)
13.30 – 14.00	LUNCH BREAK

14.00 – 16.00	Practical Sessions: Prof. Gamal I. Serour 1- Patient Selection & Counseling (Group A) 2- COS Monitoring (Group B) 3- OPU, ET & TESE (Group C) 4- Embryology Lab (Group D)
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Monday 30th November, 2015:

- (11) 08.30 – 08.50 **Role of Hysteroscopy in Infertility in the Era of ART**
08.50 – 09.00 Prof. Ahmed Fata, (Al Azhar University)
Discussion
- (12) 09.00- 09.20 **OHSS, its Prevention and Management**
09.20 – 09.30 Prof. Yehia Wafa, (Al Azhar University)
Discussion
- (13) 09.30 – 09.50 **Management of Poor Responders in IVF**
09.50 – 10.00 Prof. Adel El Sayed, (Al Azhar University)
Discussion
- (14) 10.00 – 10.20 **IUI in the Era of ART**
10.20 – 10.30 Prof. Gamal I. Serour, (Al Azhar University)
Discussion
- 10.30 – 11.00 **COFEE BREAK**
- (15) 11.00 – 12.00 **Case Study (OHSS)- Poor Responder**
Prof. Yehia Wafaa - Prof. Shokry Abdel Azeim
Prof. Ahmed Rammah, Prof. Mohamed Shehata
(Al Azhar University)

AFTERNOON SESSIONS (one hour)

- 12.00 – 13.00 **OHSS**
Chair: Prof. Yehia Wafa
Prof. Gamal I. Serour
Panelists: Prof. Serag Eldin Mansour
Prof. Ahmed Rammah
Prof. Shokry Abdel Azeim
Prof. Adel El Sayed
(Al Azhar University)

- 13.00 – 13.30 **LUNCH BREAK**

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- 13.30 – 16.00 **Practical Sessions:**
Prof. Gamal I. Serour & Staff
1- Patient selection & Counseling (Group B)
2- COS Monitoring (Group C)
3- OPU, ET & TESE (Group D)
4- Embryology Lab (Group A)

Tuesday 1st December, 2015:

- (16) 08.30 – 08.50 **Establishing A New IVF Unit in Developing Countries, What are the Problems?**
Prof. Safaa Al-Hasani, Germany
08.50 – 09.00 Discussion
- (17) 09.00 – 09.20 **Stress and ART**
Prof. Ian Cook, UK
09.20 – 09.30 Discussion
- (18) 09.30 – 09.50 **Fertility Preservation**
Prof. Safaa Al-Hasani, Germany
09.50 – 10.00 Discussion
- 10.00 – 10.30 **COFFEE BREAK**
- (19) 10.30 – 10.50 **Strategy for Myoma Associated Infertility ART or Myomectomy**
Prof. Gamal I. Serour, (Al Azhar University)
10.50 – 11.00 Discussion
- (20) 11.00 – 11.20 **Recurrent Implantation Failure**
Prof. Ahmed Rammah, (Al Azhar University)
11.20 – 11.30 Discussion
- (21) 11.30 – 11.50 **Management of Infertility in Elderly Patients**
Prof. Gamal I. Serour, (Al Azhar University)
11.50 – 12.00 Discussion

AFTERNOON SESSIONS (one hour)

- 12.00 – 13.00 **Optimizing the Outcome of ART**
Chair: Prof. Gamal Serour , Prof. Ahmed Fata
Panelist: Prof. Ian D Cooke, Prof. Safaa Al-Hasani
Prof. Paul Devroey, Prof. Khaled Galal

13.00 – 13.30 **LUNCH BREAK**

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- 13.30 – 16.00 **Practical Sessions:
Prof. Gamal I. Serour & Staff**
1- Patient selection & Counseling (Group C)
2- COS Monitoring (Group D)
3- OPU, ET & TESE (Group A)
4- Embryology Lab (Group B)

Wednesday 2nd December, 2015:

- (22) 08.30 – 08.50 **Ovarian Stimulation for ART**
Prof. Klaus Diedrich, Germany
08.50 – 09.00 Discussion
- (23) 09.00 – 09.20 **Endometriosis and Infertility**
Prof. Charles Chapron, France
09.20 – 09.30 Discussion
- (24) 09.30 – 09.50 **Strategies of endometrioses Management**
Prof. Felice Petraglia, Italy
09.50 – 10.00 Discussion
- 10.00 – 10.30 **COFFEE BREAK**
- (25) 10.30 – 10.50 **Outcome of ART Multiple Gestation Pregnancy**
Prof. Eric Jauniaux, UK
10.50 – 11.00 Discussion
- (26) 11.00 – 11.20 **Optimizing ART Results and Making it Safe**
Prof. Paul Devroey, Belgium
11.20 – 11.30 Discussion
- (27) 11.30 – 11.50 **How Should your Practice of Reproductive Medicine Develop**
Prof. Ian Cook, UK
11.50 – 12.00 Discussion
- 12.00 – 12.30 **LUNCH BREAK**

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- 12.30 – 14.30 **Practical Sessions:**
Prof. Gamal I. Serour & Staff
1- Patient selection & Counseling (Group D)
2- COS Monitoring (Group A)
3- OPU, ET & TESE (Group B)
4- Embryology Lab (Group C)
- 14.30 – 15.00 **Closing Session**

- **NOTE:**
- EACH LECTURE SHOULD BE 20 TO 22 MINUTES WITH 8 TO 10 MINUTES FOR DISCUSSION.
- PANEL LECTURES SHOULD BE 15 MINUTES WITH 45 MINUTES FOR DISCUSSION

**The organizing committee would like to sincerely
thank the main sponsors of the workshop
particularly Ferring, IBSA, Merck Serono,
Abbot and Amoun.**

**Without the generous support of these companies
the workshops would not have been possible.
Also, we would like to thank all other companies
who supported the workshop and the scientific
activities of the Unit.**