

Tips for Safe and complete laparoscopic myomectomy

Abstract ID : 2467

Submitted by : dogyun kim the 2017-01-29 12:56:05

Category : SEUD CONGRESS 2

Typology : Video

Status : Validated

Authorisation to disclose : Yes/Oui

laparoscopic myomectomy is so difficult and time-consuming surgery. Especially technical level and experience of surgeon is the most important factors for safe and complete laparoscopic myomectomy. We introduce our technical factors for successful outcome after laparoscopic myomectomy.

1. accurate and detailed information for myoma size, site and number by MRI imaging.
2. special trocar site for easy, comfortable ergonomic position.
3. several methods for minimizing blood loss to give clean operation field at uterus.
4. find avascular plane between pseudocapsule and myoma to minimize injury of normal uterine muscle
5. base up suture in case of big sized intramural myoma to prevent hematoma formation.
6. fast and accurate layer by layer laparoscopic suture after myomectomy.

By Keeping above tips and practicing laparoscopic suture daily, outcome after laparoscopic myomectomy will be good even though various cases (over 10 number myoma, over 15cm diameter sized big intramural myoma, dangerous site myoma).

Keywords : laparoscopic myomectomy, suture, site, number, size of myoma

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References : , , ,

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