

Experience in the use of agonists GnRH in the chronic pelvic pain syndrome caused by adenomyosis.

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Pain in the lower abdomen – the most common complaint of patients with adenomyosis. . Pelvic pain with endometriosis is diverse, to a greater extent depends on the localization process, than from the extent of its spread. The aim of the study was to investigate the effectiveness of GnRH agonists to eliminate pelvic pain syndrome, severe in women with adenomyosis. The study involved 137 women of reproductive age with adenomyosis with severe pain. The severity of pain syndrome was estimated according to YOUR. The average age of patients was 32+-3 years.

Verification of the diagnosis established on the basis of objective gynecologic, ultrasonographic, hysteroscopic, tomography, morphological criterion. The results of the study showed a decrease in the severity of pain syndrome assessment YOUR through the month to 49.4% by the end of the second month, reduction of pain syndrome was noted in the rest of 36.9%, 129 women were stopped pelvic pain after 3rd month of treatment. It should be noted that after receiving the therapy and recovery of menses dysmenorrhea decreased from 64,8% of patients . Pain in lower abdomen during defecation dyschezia decreased 38.7% women. Dyspareunia decreased from 29,7% of patients. Conclusion Thus, treatment with agonists of gonadotropin on the results of the present study is really effective with the credible subjective and objective evidence (assessment of pain), reduction of chronic pelvic pain due to adenomyosis .

Keywords : adenomyosis; pelvic pain; VAS

Authors :

References : , , ,

Authors

Marina Khamoshina 1,

1. Department of Obstetrics and Gynecology with Course of Perinatology, Russian University of Peoples' Friendship;, Moscow, RUSSIAN FEDERATION

Authors (raw format)

Khamoshina Marina - email : omekan@mail.ru Institution : Russian University of Peoples' Friendship; Department : Department of Obstetrics and Gynecology with Course of Perinatology City : Moscow Country : RUSSIAN FEDERATION Speaker : Yes

